Learn to Trade Asian Session Range Using ICT PO3 (AMD); ICT Asian Session PO3

The **ICT Asian Session PO3** strategy is an advanced method derived from **ICT trading concepts**. It specifically focuses on three key phases of **The ICT PO3** Strategy During the Asian Session:

- **Accumulation**
- **Manipulation**
- **Distribution**

The ICT Asian Session PO3 strategy emphasizes **specific price movement patterns** within the **Asian trading session**, so traders can capitalize on unique opportunities in this **timeframe**.

Trading Asian Session Dealing Range Using PO3 Strategy

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The distinct characteristics of the **Asian session**, such as **low volatility** and **price consolidation phases**, make it a **prime environment** for identifying **smart money movements**.

What is Asian Trading Session?

The **Asian trading session**, as well as the **European and North American sessions**, are among the three **major Forex trading sessions**.

This session typically runs from **07:00 PM to 04:00 AM NY time**, with the **Tokyo market** having the most influence.

Key Characteristics:

- **Lower Volatility:** Compared to the **European and North American sessions**, the **Asian session** generally exhibits **lower price volatility**, making it ideal for traders employing **strategies that require minimal noise**.
- **Consolidation Phase:** Many traders observe that the **Asian session** often acts as a **consolidation phase**, setting the stage for **breakout opportunities** in later sessions.
- **Asian Kill Zone (A-KZ)** refers to a **specific timeframe within the Asian session** where **trading activity and liquidity increase**, typically from **19:00 to 22:00 EST time**.

Price Consolidation in the Asian Session (07:00 PM to 04:00 AM NY time)

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Power of Three ICT Concept (PO3 - AMD)

The **Power of Three Setup** **(PO3)** is a **trading strategy** focused on **three key phases**:

- Accumulation
- Manipulation
- Distribution

Accumulation Phase

During the **Asian session**, **smart money investors** often begin **accumulating positions**. Stable prices and low volatility characterize this phase.

Key points to monitor:

1. **Range-Bound Markets:** Identify currency pairs trading within a **narrow range**.
2. **Support and Resistance Levels:** Mark **key support and resistance zones**, which may indicate potential breakout points.

Manipulation Phase

As the session progresses, **market manipulation** frequently occurs. **Market makers** often **drive prices** to **create false breakouts**, trapping **retail traders** into premature,

incorrect decisions.

Key indicators of this phase:

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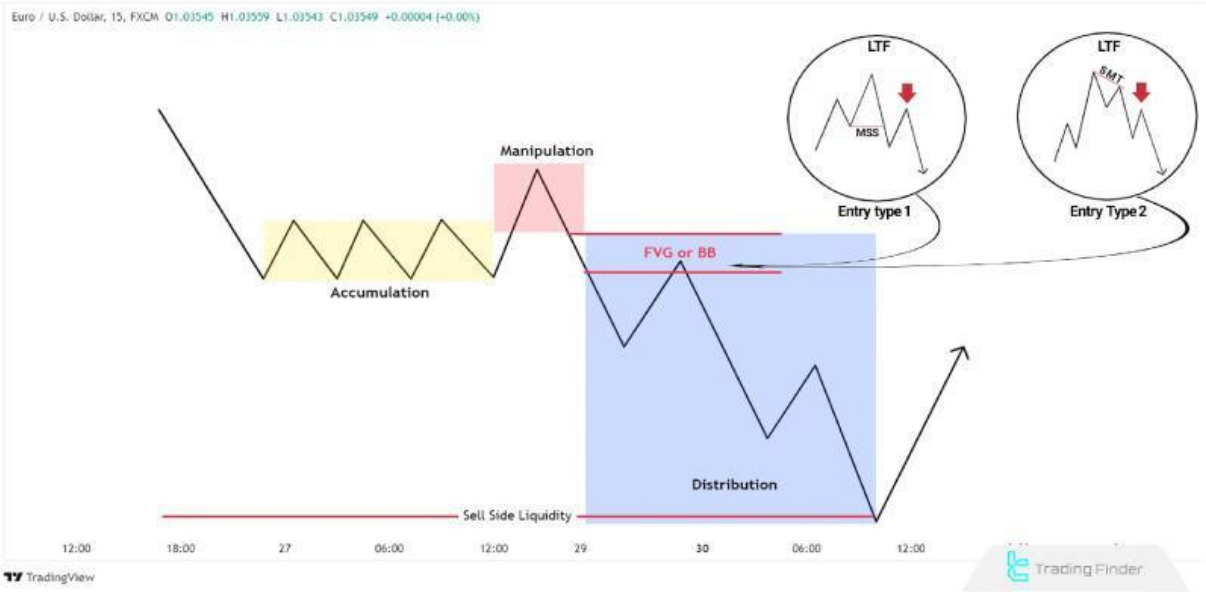
1. **False Breakouts:** Watch for **temporary price movements** that **break support** or **resistance levels** but **quickly reverse**.
2. **Volume Analysis:** Analyzing trading **volume** during these manipulations can provide insights into **movement strength**.

Distribution Phase

The **distribution phase** occurs when **market makers** begin to **offload positions**. This stage typically aligns with the **opening of the European session**, leading to increased volatility.

Key considerations:

1. **Breakouts:** A **real breakout** from the **accumulation phase** may signal a **strong directional move**.
2. **Trend Reversals:** Be cautious of **trend reversals** as the market transitions from the **Asian to the European session**.



Accumulation, Manipulation, and Distribution (AMD) Phases in the Asian Session of Power of Three Setup

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Implementing the ICT Asian Session PO3 Strategy

To **successfully execute** the **ICT Asian Session PO3 strategy**, traders must follow a **structured, step-by-step approach**. The following guidelines will help you **apply this strategy effectively**:

#1 Identify Market Bias Using the Daily Bias Concept

Before anything else, determine the **market's daily bias**—which reflects the **overall market direction** for the day. This helps traders **understand the dominant trend**.

To establish **daily bias**, analyze **higher timeframes** (e.g., **daily or 4-hour charts**) to identify **bullish or bearish tendencies**.

Key factors in determining **Daily Bias**:

1. **Market structure and direction**
2. **Identifying key ICT order blocks or Mitigation Blocks**
3. **Analyzing the previous day's candlestick** to recognize key turning points

#2 Identify Key Levels Before the Asian Session Begins

1. **Support and Resistance Levels:** Based on the **Daily Bias**, determine key **zones** that may influence **accumulation or breakouts**.
2. **Appropriate Timeframes:** Use **mid-term timeframes (1-hour or 4-hour)** to pinpoint key levels.
3. **Asian Session Awareness:** Be mindful of the **Asian Kill Zone (07:00 PM to 04:00 AM NY time)**.

#3 Monitor Price Movements During the Asian Session

1. **Accumulation Phase:** Identify **range-bound price movements** that define the **consolidation zone**.
2. **Candle Patterns:** Look for formations such as **Pin Bars** or **Engulfing Candles**, which may indicate **accumulation and manipulation**.
3. **Liquidity Inducement:** Check for **false breakouts** near **support or resistance levels**.

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#4 Prepare for the European Session & Distribution Phase

1. **Breaker Block Identification:** If the price exits the accumulation zone, analyze **breaker block areas** for trade entries.
2. **Trade Setup Confirmation:** Verify if the price moves toward **key levels**, such as a **Mitigation Block**.
3. **Pullback Entries:** Wait for the price to **return to key levels** before entering trades.

#5 Risk Management & Trade Execution

1. **Stop-Loss Placement:** Set stops **slightly below the accumulation low or above the high**.
2. **Take-Profit Targets:** Use **higher timeframe support/resistance levels** for TP zones.
3. **Trade Management:** Secure partial profits or **adjust stop-losses** if the trend shifts.

#6 Document & Improve Strategy Execution

1. **Trade Logging:** Record trade details, including **entry, stop-loss, timeframe, and results**.
2. **Post-Trade Analysis:** Evaluate strengths and weaknesses to improve future trades.

ICT PO3 Trade Setup in the Asian Session on the 15-Minute EUR/USD Chart

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Conclusion

The ICT Asian Session PO3 strategy is a comprehensive and structured approach for capitalizing on the opportunities available in the **Asian session** of the Forex and Crypto markets.

This strategy focuses on three main phases of **Accumulation, Manipulation,** and **Distribution**.

Sources:

1.our website link :
https://tradingfinder.com/education/forex/ict-asian-session-po3/

2.all Education :
https://tradingfinder.com/education/forex/

3.TradingFinder Support Team (Telgram):
https://t.me/TFLABS

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