VOCABULARY | Complete the text with the words below.

dizziness | ill | painful | prescribe | tiredness | travel sickness

Motion sickness

It's that horrible feeling that starts in your stomach.

You feel (1) dizzy , you feel sick and for some people it ends with a (2) _____ headache. Although it's often called (3) _____ , it's really motion sickness. Some people get it on exciting rides at the fair or even watching 3D movies where they complain of (4) _____ and nausea. In very serious cases, the doctor might (5) _____ tablets, but there are other remedies such as ginger or wristbands that don't cause (6) _____ . Other remedies include sitting on brown paper! Maybe it's worth trying as nobody wants to be (7) _____ on holiday.

GRAMMAR | Complete the sentences with the words below.

all **both** **either** **none** **nor**

1. _____ Emma and Diane love their BMX bikes.
2. They all went hang-gliding, but _____ of them enjoyed it.
3. Neither Carl _____ Jane enjoyed paragliding.
4. Never again. I tried three sports and _____ of them made me sick!
5. She looks hot. _____ it's the weather or she's got a temperature.

LIVEWORKSHEETS

DICTATION | Listen to the recording. Write the sentences.



LIVEWORKSHEETS