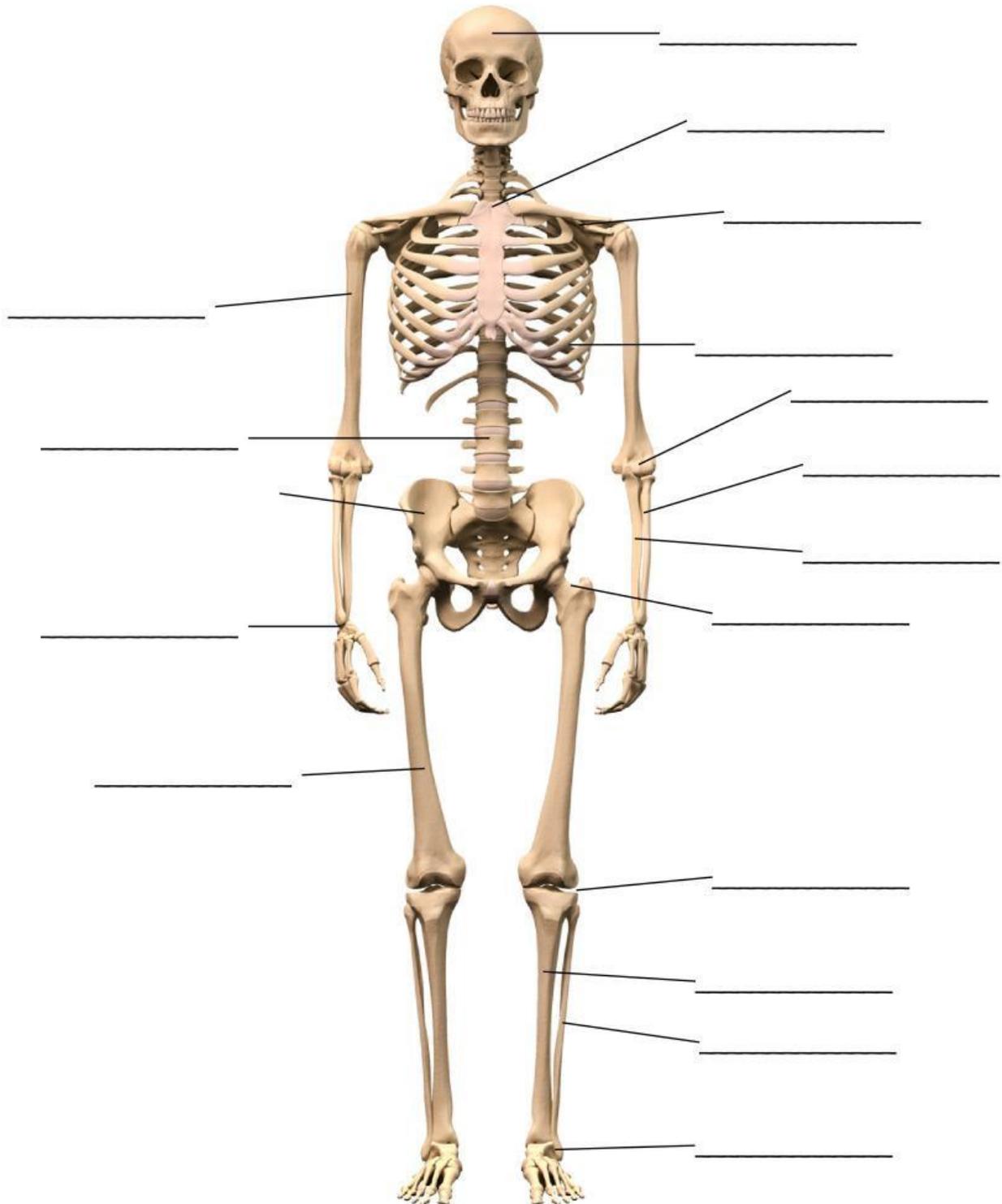


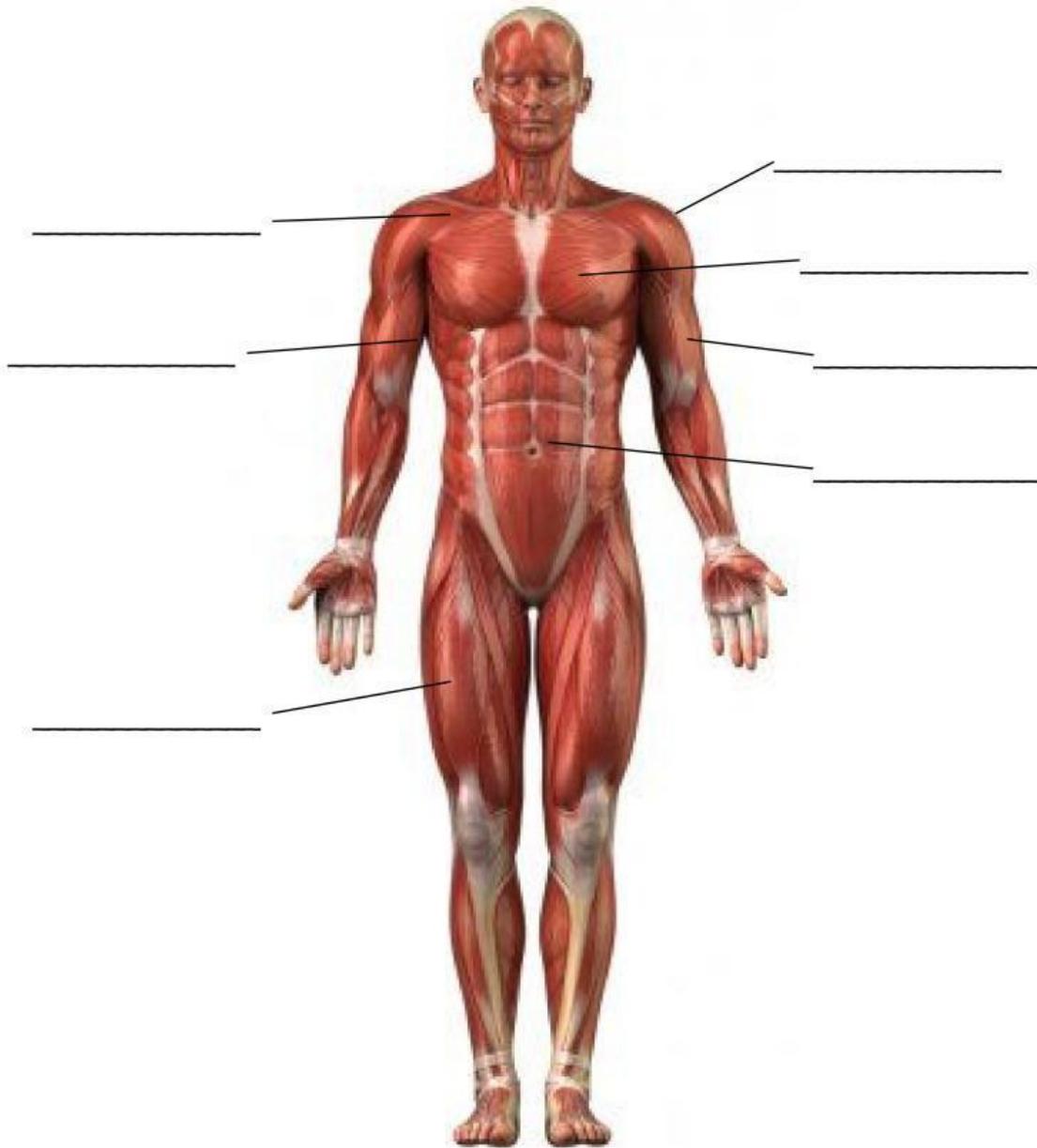
THE MUSCULOSKELETAL SYSTEM

SKULL HUMERUS SHOULDER ELBOW WRIST RIB CAGE
SPINAL COLUMN PELVIS HIP FEMUR KNEE TIBIA ANKLE
RADIUS ULNA FIBIA STERNUM



THE MUSCULOSKELETAL SYSTEM

PECTORAL QUADRICEP TRAPEZIUS BICEP ABDOMINAL
TRICEP DELTOID



- Help you move your arms forward and push things, like when you do a push-up: _____
- Help you straighten your leg and stand up, run, or kick a ball: _____
- Help you move your shoulders and neck, like when you shrug or look up: _____
- Help you bend your arm, like when you lift something or do a curl: _____
- Help you sit up, stand straight, and keep your body strong and balanced: _____
- Help you straighten your arm, like when you push something away: _____
- Help you lift your arms up, to the front, to the side, or above your head: _____