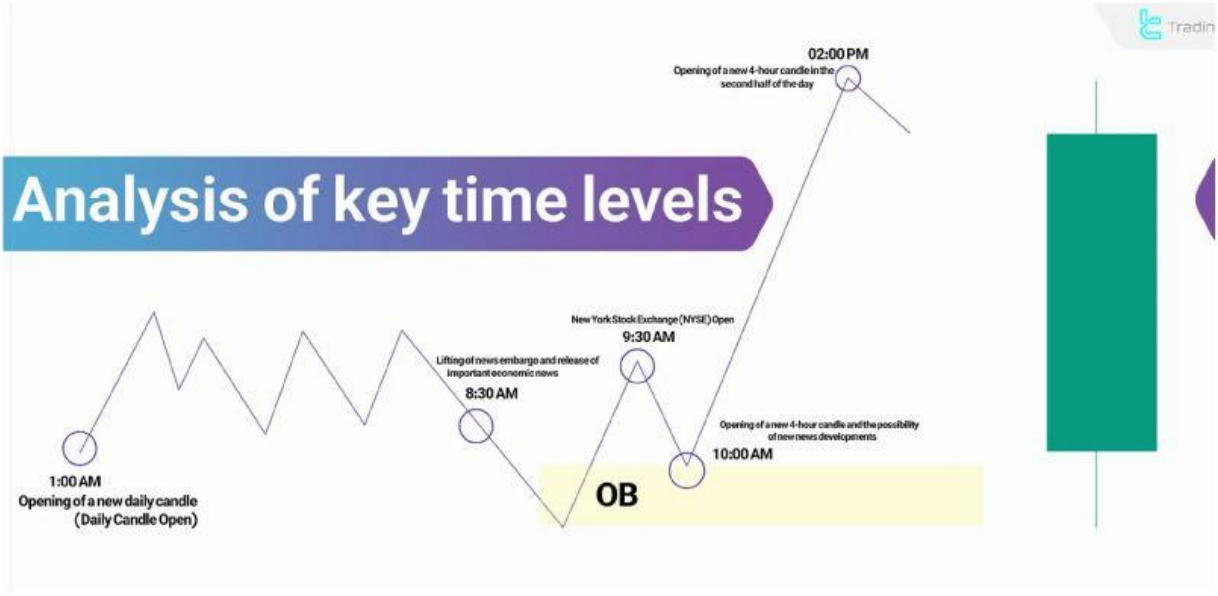
Learning to analyze important time levels and bullish & bearish candles in ICT

Analyzing **ICT time levels**, such as market openings, major news releases, and **candlestick** formations, is crucial in predicting price movements. These time levels help identify key market points.

The **key ICT time levels** include the **daily candle open (01:00 AM), news releases (08:30 AM), New York Stock Exchange (NYSE) open (09:30 AM), and the formation of 4-hour candles (10:00 AM & 2:00 PM)**, which are used in **technical analysis**.



Identifying key time levels in the ICT method

Key ICT Time Levels

In **ICT trading**, specific time levels are used for market analysis. These points are determined based on different time frames and significant market events. **Key ICT Time Levels:**

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Time (EST)	Significance
01:00 AM	Opening of the new daily candle (**Daily Candle Open**)
08:30 AM	Lifting of the news embargo (News Embargo) and release of major economic news
09:30 AM	New York Stock Exchange (NYSE) open
10:00 AM	Opening of a new 4-hour candle and possibility of new news developments
02:00 PM	Opening of a new 4-hour candle in the second half of the day

Traders use **ICT time levels** to analyze liquidity and price trend changes. These time levels serve different purposes, which are discussed below.

Using Time Levels to Analyze Bullish and Bearish Candles (OLHC & OHLC)

The **1:00 AM, 12:00 AM, 10:00 AM, and 2:00 PM** time levels are highly important for analyzing daily and 4-hour candles. By examining **OLHC and OHLC** structures—identifying the **open, high, low, and close** at these times—traders can assess potential trend reversals.

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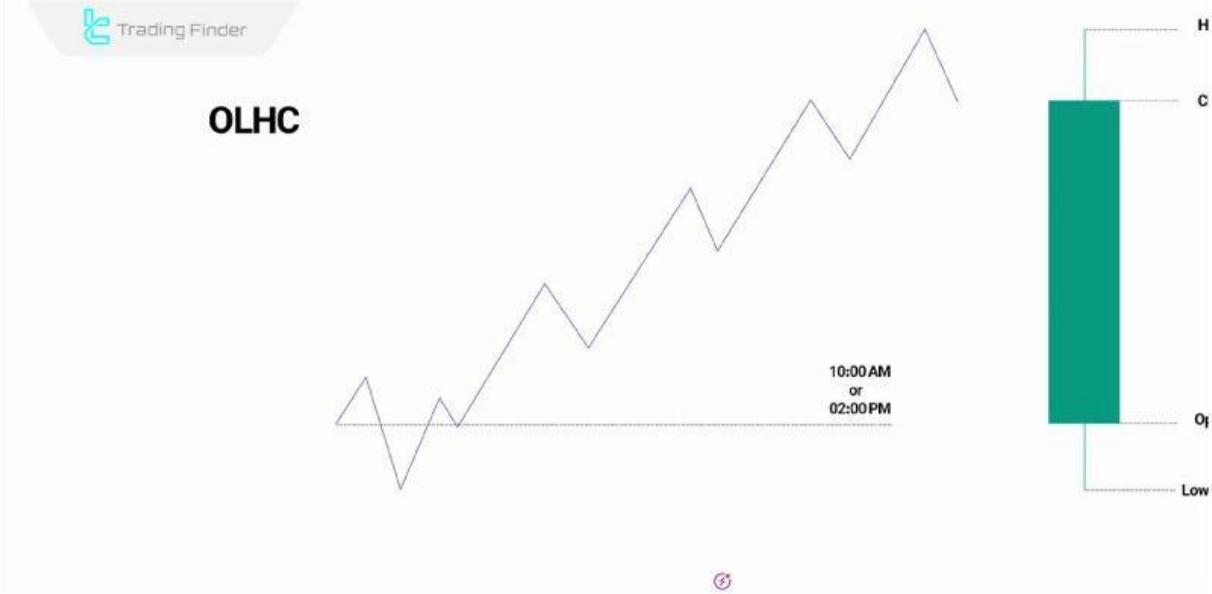

Analyzing a bullish movement using key ICT time levels

- If the price rises at **midnight open (12:00 AM)** but the trend is bearish, this level is considered a **Premium zone**, typically followed by a price decline;
- If the price remains below both opening levels, it is regarded as a **Discount zone**, which suggests a higher probability of a price increase.

The Role of Midnight Open and 8:30 AM in Support and Resistance

The **Midnight Open and 8:30 AM** levels often act as **support or resistance**. If the price moves **upward near these levels**, they can be considered as **support**.

Conversely, if the price fails to break above these levels and moves downward, it can act as **strong resistance**.

Price movements around 8:30 AM and the Midnight Open often result in **Judas Swings or fake moves**, which are intended to trap liquidity and reverse market direction.

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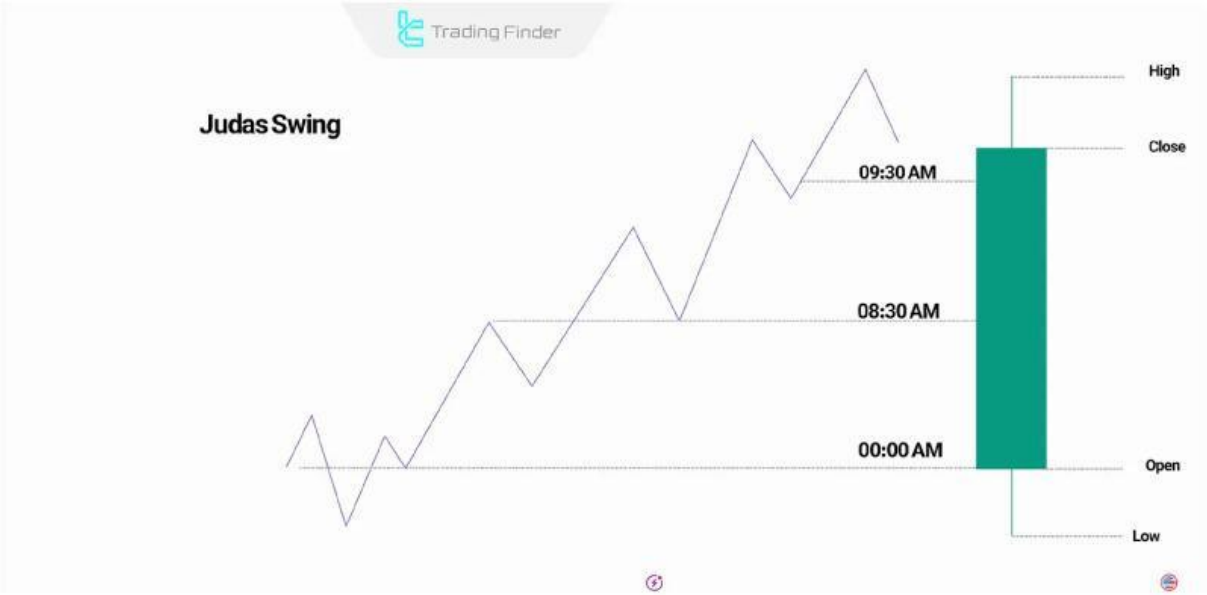
Using Judas Swing and Order Blocks at Key Time Levels

The **Midnight Open, 8:30 AM, and 9:30 AM** are often accompanied by **Judas Swing movements** or **Order Block formations**, which help in identifying potential trend reversals.



Price movement in the Judas Swing pattern at key ICT time levels

For example:

- In an **uptrend**, if a **bearish move** occurs at **08:30 AM** but the price later closes **above that level**, it is considered a **Judas Swing**, indicating a high probability of further price increase;
- If a **bearish move** happens at **09:30 AM**, but the next candle **pushes the price back up**, this suggests the formation of a **bullish Order Block**.

Bullish Example in ICT Time Level Analysis

In the **15-minute gold chart**, a new **daily candle** forms at **01:00 AM**. Around **08:30 AM**, after the release of economic news, the price experiences a **Judas Swing** and creates an **Order Block** before continuing its **uptrend**.

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Using key ICT time levels in buy trades

Bearish Example in ICT Time Level Analysis

The **GBP/USD** chart demonstrates a **bearish market move** using **ICT time levels analysis**. The price initially moves **upward** after the **daily candle opens**, reaching a **support zone**.

However, after failing to break above the support, a **Judas Swing** occurs at **08:30 AM**, coinciding with major news releases, leading to a **continuation of the downtrend**.

Using key ICT time levels in sell trades

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Conclusion

ICT time levels are essential for **market analysis** and **price movement prediction**. Traders can identify **OLHC & OHLC patterns, Order Blocks, and Judas Swings** to develop **effective trading strategies**.

source:

1.our website link :
https://tradingfinder.com/education/forex/ict-important-time-levels-for-trading/

2.all Education :
https://tradingfinder.com/education/forex/

3.TradingFinder Support Team (Telgram):
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