A young man works very hard, and has only one free day a week. He wants to find an activity to help him relax.

Here are some activities that could help him relax.

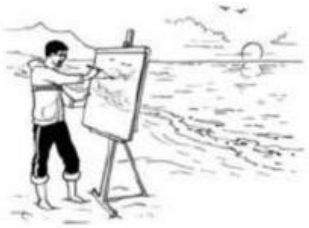
## Activities to help the man relax

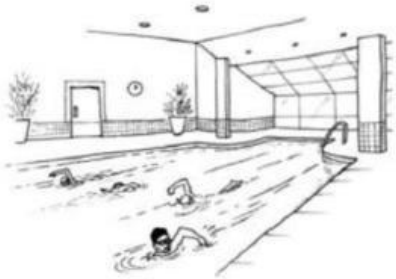
















LIVEWORKSHEETS