

TA11. Unit 1. A long and healthy life. Vocabulary 3

Choose the best answer.

1. The doctor prescribed an _____ to treat the bacterial _____.
A) antibiotic / infection
B) ingredient / recipe
C) life expectancy / virus
D) illness / disease
2. It is important to follow the _____ step by step to ensure the dish turns out well.
A) exercise / properly
B) press-up / strength
C) recipe / infection
D) treatment / life expectancy
3. To improve your overall _____ and build _____ strength, you should _____ regularly.
A) fitness / muscle / work out
B) germ / energy / give up
C) balanced / virus / spread
D) diameter / nutrient / cut down on
4. A balanced diet includes all essential _____ to keep your body healthy.
A) illness
B) nutrient
C) spread
D) energy
5. She decided to _____ on junk food to lose weight.
A) properly
B) recipe
C) cut down on
D) work out
6. The _____ of the circle was measured to be 10 centimeters.
A) energy
B) diameter
C) virus
D) infection

7. Her _____ increased when she started eating healthy and exercising.
- A) treatment
 - B) nutrient
 - C) strength
 - D) life expectancy
8. To avoid the _____ of germs, make sure to wash your hands _____.
- A) disease / regularly
 - B) spread / properly
 - C) organism / regularly
 - D) infection / recipe
9. He caught a _____ after being exposed to the flu _____.
- A) bacteria / regularly
 - B) illness / recipe
 - C) press-up / infection
 - D) disease / virus
10. The _____ causing the illness was identified under a microscope.
- A) energy
 - B) recipe
 - C) virus
 - D) strength
11. People with higher _____ tend to live longer, healthier lives.
- A) life expectancy
 - B) balanced
 - C) organism
 - D) give up
12. The _____ of a strong _____ system is essential for physical performance.
- A) bacteria / nutrient
 - B) strength / treatment
 - C) life expectancy / press-up
 - D) infection / illness
13. She performed 30 _____ as part of her morning workout.
- A) press-up
 - B) life expectancy
 - C) ingredient

D) disease

14. A single _____ jump can burn a significant amount of _____.

A) balanced / energy

B) infection / properly

C) star / disease

D) treatment / recipe

15. The doctor will _____ you now to determine the cause of your _____.

A) examine / life expectancy

B) ingredient / illness

C) cut down on / virus

D) work out / strength

16. It's important to not _____ on your goals, even when facing difficulties.

A) spread

B) give up

C) infection

D) nutrient

17. _____ is a serious disease that affects the lungs.

A) Tuberculosis

B) Germ

C) Energy

D) Bacteria

18. Eating _____ meals and getting _____ exercise can improve your health.

A) nutrient / strength

B) press-up / balanced

C) virus / properly

D) regular / energy

19. Symptoms of _____ poisoning include nausea and vomiting.

A) press-up

B) life expectancy

C) food poisoning

D) strength

20. The new _____ to treat the _____ is proving to be very effective.

A) disease / virus

B) strength / recipe

C) balanced / nutrient

D) treatment / infection

Ms. Minh Hà - 0982194748 - Hai Bà Trưng - Hanoi