

TA11. Unit 1. A long and healthy life. Vocabulary 3

Choose the best answer.

1. The doctor prescribed an _____ to treat the bacterial _____.
A) antibiotic / infection
B) ingredient / recipe
C) life expectancy / virus
D) illness / disease
2. It is important to follow the _____ step by step to ensure the dish turns out well.
A) exercise / properly
B) press-up / strength
C) recipe / infection
D) treatment / life expectancy
3. To improve your overall _____ and build _____ strength, you should _____.
A) fitness / muscle / work out
B) germ / energy / give up
C) balanced / virus / spread
D) diameter / nutrient / cut down on
4. A balanced diet includes all essential _____ to keep your body healthy.
A) illness
B) nutrient
C) spread
D) energy
5. She decided to _____ on junk food to lose weight.
A) properly
B) recipe
C) cut down on
D) work out
6. The _____ of the circle was measured to be 10 centimeters.
A) energy
B) diameter
C) virus
D) infection

7. Her _____ increased when she started eating healthy and exercising.

- A) treatment
- B) nutrient
- C) strength
- D) life expectancy

8. To avoid the _____ of germs, make sure to wash your hands _____.

- A) disease / regularly
- B) spread / properly
- C) organism / regularly
- D) infection / recipe

9. He caught a _____ after being exposed to the flu _____.

- A) bacteria / regularly
- B) illness / recipe
- C) press-up / infection
- D) disease / virus

10. The _____ causing the illness was identified under a microscope.

- A) energy
- B) recipe
- C) virus
- D) strength

11. People with higher _____ tend to live longer, healthier lives.

- A) life expectancy
- B) balanced
- C) organism
- D) give up

12. The _____ of a strong _____ system is essential for physical performance.

- A) bacteria / nutrient
- B) strength / treatment
- C) life expectancy / press-up
- D) infection / illness

13. She performed 30 _____ as part of her morning workout.

- A) press-up
- B) life expectancy
- C) ingredient

D) disease

14. A single _____ jump can burn a significant amount of _____.

- A) balanced / energy
- B) infection / properly
- C) star / disease
- D) treatment / recipe

15. The doctor will _____ you now to determine the cause of your _____.

- A) examine / life expectancy
- B) ingredient / illness
- C) cut down on / virus
- D) work out / strength

16. It's important to not _____ on your goals, even when facing difficulties.

- A) spread
- B) give up
- C) infection
- D) nutrient

17. _____ is a serious disease that affects the lungs.

- A) Tuberculosis
- B) Germ
- C) Energy
- D) Bacteria

18. Eating _____ meals and getting _____ exercise can improve your health.

- A) nutrient / strength
- B) press-up / balanced
- C) virus / properly
- D) regular / energy

19. Symptoms of _____ poisoning include nausea and vomiting.

- A) press-up
- B) life expectancy
- C) food poisoning
- D) strength

20. The new _____ to treat the _____ is proving to be very effective.

- A) disease / virus
- B) strength / recipe

- C) balanced / nutrient
- D) treatment / infection