

Unit 1

How Often Do You Work Out?



I like jogging . I **often** jog in the morning.
Hannah

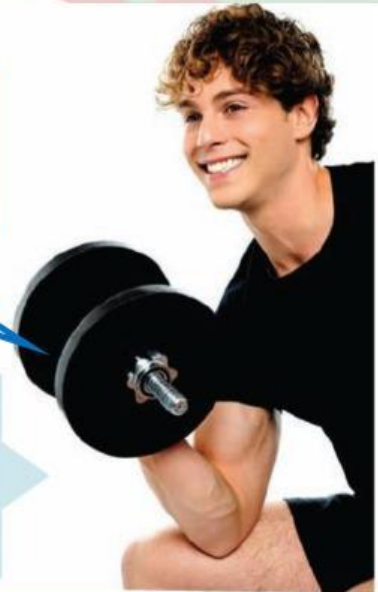
I enjoy working out.
I go to the gym
three times a week.

Ben



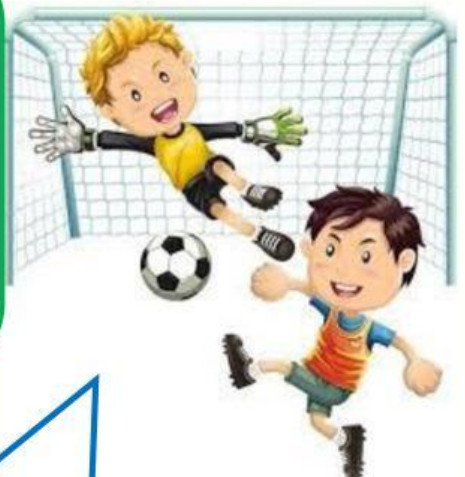
I hate exercising. I love using social media. I spend **hours** surfing the Internet.

Emma



I seldom play sports. **Sometimes** I play a game of tennis.
My favorite hobby is cooking and baking.

Claudia



I'm on the soccer team.
We **usually** practice after school **twice** a week.

Zachary



I love extreme sports. I **often** go motorcycle riding on the weekend.

Josh



I enjoy watching movies. I **sometimes** see five or six movies a week.

Noah



I play classical guitar. I **usually** practice one or two hours a day.

Becky

Language Check

Answer true or false

1. _____ Hannah **never** runs in the morning.
2. _____ Ben **often** goes to the gym.
3. _____ Emma **enjoys** exercising.
4. _____ Claudia's favorite hobby is tennis.
5. _____ Noah is crazy about movies.
6. _____ Becky **seldom** practices the guitar.