

16

Reaching your goals

1 Match each profession with the correct achievement.

actor
 parent

student
 nurse

volunteer
 high school counselor

1. I've managed to help hundreds of students get into college. high school counselor
2. I was able to clean litter from dozens of beaches over the last three years. _____
3. I managed to maintain an A average during my last four years of school. _____
4. I've been able to work with many of my favorite movie stars. _____
5. I've managed to teach my children how to be responsible citizens. _____
6. I've been able to help sick people feel better. _____

2 Choosing a job

A Match the job with its corresponding goal.

Job	Goals of people with this profession
1. social worker	educate people
2. university professor	save lives
3. small-business owner	help people
4. emergency-room nurse	create jobs

B Complete these sentences with the words below. Drag and drop

careers relationships programs hospital students employees community patients research

1. As a social worker, Jane hopes she'll have helped poor and elderly people in her community. She'd also like to have developed relationships that support mental health and family services.
2. As a university professor three years from now, Paul hopes he'll have taught hundreds of students and published academic research. He'd also like to have guided several students toward successful careers.
3. By this time next year, Jake, a small-business owner, would like to have grown his business and hired more employees. In addition, he hopes he'll have built strong relationships with local suppliers and customers.
4. In the next five years, Amy, an emergency-room nurse, hopes she'll have treated many patients and responded effectively to critical emergencies. In addition, she'd like to have improved her medical procedures and mentored new nurses.

3 Read two paragraphs about an issue. Correct the error and write the correct word.



One important issue for me is improving mental health awareness among teenagers. Last year, I manage to organize a school campaign where students shared personal stories and strategies to cope with stress. I also were able to invite a psychologist to give a talk about anxiety and depression. The event is successful, and many students says it made them feel heard and supported. I felt proud because I was able to helped others open up about something so important.

By the end of next year, I hope I will had created a permanent peer-support group at my school. I also hope I will have organize regular workshops on emotional well-being. I would liked to have trained student volunteers to lead the group so it can continued even after I graduate. Most of all, I would like to have make a lasting difference in how young people talk about and manage their mental health.

4 The challenge of a lifetime

A Scan the first paragraph of the article. **Choose the best answer.**

Where is Rupert Isaacson from?

Where are his parents from?

Where did he go?

RUPERT ISAACSON

Rupert Isaacson is a man who has faced a major challenge in his life. The son of parents who were born in Africa, he grew up in London and in the English countryside, where he discovered his love of horses. Because he grew up hearing so many fascinating memories about Africa from his parents, he went there and lived with nomadic people called the Bushmen of the Kalahari Desert. He then wrote a book, *The Healing Land*, about his experiences with the Bushmen and the problems of survival they face in the twenty-first century.

By the year 2000, Rupert was already managing to make a living as a journalist, writing articles and guidebooks about Africa and India. It was in India that he met his wife, Kristin. Today, they live with their son, Rowan, just outside of Austin, Texas, in the U.S. But Rupert faced the greatest challenge of his life when, at the age of two, Rowan was diagnosed with autism, a condition that affects people's ability to communicate and interact socially with others.

Rupert discovered that spending time with horses and riding them was helping Rowan. The presence of the horses was very calming to the boy. Rupert also knew that the Bushmen of the Kalahari possessed great knowledge about healing. He thought that if he could find a group

of people with healing powers and a great knowledge of horses, there could be a possibility of helping his son. Unfortunately, the Bushmen of the Kalahari do not have horses.

So the family set off for Mongolia, where horses have been important for thousands of years. Rupert has written about this journey dedicated to helping his son in *Horse Boy*, and he has produced a documentary of the same name. In the film, viewers have the opportunity to see the family traveling in Mongolia, riding horses, and meeting healers in order to help Rowan.

Because working with horses has helped Rowan, Rupert established The Horse Boy Foundation at his ranch in Texas. It is a school that teaches people how to use horses for healing. In addition to writing another book, *The Long Ride Home*, about traveling with Rowan to Africa, Australia, and Arizona in the U.S., Rupert has also produced the documentary *Endangerous*, with Rowan as host, about dangerous animals that are threatened with extinction.

Rupert Isaacson has managed to discover the secret of turning one challenge into many accomplishments.



B Read the article. What is the challenge that Rupert Isaacson faced?

What was one of the solutions to this challenge that Rupert found? **Choose the best answer.**

Challenge: _____

Solution: _____

C Answer the questions. **Choose the best answer.**

1. How does autism affect people?

2. Why did Rupert's family go to Mongolia?

3. What is the purpose of The Horse Boy Foundation?

4. What does Rowan do in *Endangerous*?

5 Choose the correct word.

1. It's not good to be _____ if you're an emergency-room nurse.
(courageous / timid / upbeat)
2. If teachers are going to be successful, they have to be _____.
(dependent / rigid / resourceful)
3. You have to be _____ if you work as a volunteer.
(adaptable / cynical / unimaginative)
4. If you take a job far from your family and friends, you have to be _____.
(compassionate / dependent / self-sufficient)
5. One of the most important things about working with children is being positive and not _____.
(adaptable / cynical / resourceful)
6. Being a role model for troubled youths requires someone who is strong and _____.
(compassionate / insensitive / timid)



6 Read each sentence. Write A for achievement or G for goal.

1. I've been able to provide clean water to three villages during my time as a Peace Corps volunteer. _____
2. By the time I'm 35, I'd like to have lived in a culture that's very different from my own. _____
3. While I was working abroad in Tokyo, I managed to learn to speak Japanese fluently. _____
4. After my time with Habitat for Humanity, I hope to have made a significant and positive difference in people's lives. _____
5. I'd like to have gotten another degree in two years. _____
6. I hope I'll have gotten married by the time I'm 30. _____



7 Accomplishments and goals

A Match the verbs with the nouns. Write the collocations. (More than one answer may be possible.)

Verb	Noun	
buy	a change	1. _____ buy a house
get	debts	2. _____
learn	a house	3. _____
make	a promotion	4. _____
meet	new skills	5. _____
pay off	someone special	6. _____

B Complete each sentence about an accomplishment and another sentence about a goal. Use the words in parentheses.

1. My sister and her husband have managed to save enough money to buy a house. I expect to have bought a house within five years.



2. I a promotion at work. I my own business within the next three years. (get/start)

3. My friend new skills through online courses. He hopes

graphic design by the end of the year. (learn/master)

4. We all our credit card debts. We expect enough for a family vacation by next summer. (pay off/save)

5. Maria a big change in her lifestyle by eating healthier and exercising. She a marathon by next year. (make/run)

6. Tom and Lisa someone special last year and got married recently. They hope they a family by 2026. (meet/start)

8 Personal portraits

A Read about Enrico's past accomplishments and future goals.



By investing his money carefully, my neighbor Enrico was able to retire at 40. Since then, he has managed to set up an organization that helps find jobs for people who are homeless. In addition, he has volunteered his time at a homeless shelter in the city.

Enrico would like to have started an organization to provide scholarships for needy college students by the time he's 50. He hopes to travel a lot, too. In fact, he hopes he'll have traveled all through Southeast Asia.



B Read each sentence carefully. Decide if it describes a Past Accomplishment or a Future Goal. Write *PA* for Past Accomplishment or *FG* for Future Goal next to each sentence.

1. He would like to have traveled to at least 10 countries promoting social change.
2. He has volunteered regularly at a local homeless shelter for the past five years.
3. By 55, he will have written a book about his experiences helping the homeless.
4. He retired at the age of 40 after saving and investing wisely.
5. He hopes he will have built a network of shelters across the country.
6. He has spoken at community events to raise awareness about homelessness.
7. He will have inspired many young people to volunteer and give back to their communities.
8. He has helped dozens of people find stable jobs.
9. He would like to have started a scholarship program for underprivileged students.
10. He has founded an organization that supports homeless individuals.