

**Listen to the audio. Read and choose the right option.**

**1. What is the text about?**

- a) Healthy habits
- b) Culture and traditions
- c) Family
- d) Playing soccer with friends

**2. Who does Lucas live with?**

- a) He lives with his friends
- b) He lives with his family
- c) He lives with his son
- d) He lives with his wife and his daughter

**3. Choose **two** healthy habits:**

- a) Watching TV
- b) Cooking with your family
- c) Eating fruits
- d) Going for a walk

**4. Choose **two** correct options. Which foods does Lucas eat very often?**

- a) Fruit
- b) Pizza
- c) Chocolate
- d) Vegetables

**5. Lucas' family usually do sports. What do you think about that?**

- a) They feel very happy and strong when they do sport.
- b) They feel bored of doing sport.
- c) They prefer watching TV.
- d) They are tired every day.

**6. Choose one adjective that describes Lucas' personality.**

- a) Shy
- b) Bored
- c) Friendly
- d) Sleepy

**7. Lucas keeps different healthy habits. Select **two** activities you can do to keep a healthy life too.**

- a) Go to bed early and sleep well.
- b) Eat hamburger every night.
- c) Spend time with family and friends.
- d) Play computer games with friends.

**8. The traditional food that they usually cook is...**

- a) Irish stew
- b) Salad
- c) Carrot cake
- d) Soup