

All-Time High (ATH) and All-Time Low (ATL); Market Psychology

All-Time High (ATH) in **ICT style** refers to the highest price an asset or currency has achieved. This level **represents** the peak value of the asset.



What is All-Time High (ATH) and All-Time Low (ATL) in Forex

All-time low (ATL) refers to the lowest price an asset or currency has reached in its history. This level indicates the **minimum** market value of the asset.

What is All-Time High (ATH)?

This term refers to the highest price ever experienced by an asset or currency.

#1 Market Excitement

Reaching a new ATH reflects high excitement and investor confidence, often accompanied by increased **trading volume** and activity.

#2 Market Psychology

The ATH level can act as a **psychological** resistance, leading investors to sell and potentially causing a price decline.

#3 Identifying Uptrends

Technical analysts use ATH levels to identify uptrends and forecast **future** price levels.

Example of All-Time High (ATH)

A weekly chart of gold against the US dollar (XAU/USD) shows the price reaching its historical peak (ATH).



Example of an All-Time High (ATH) reflected in the gold chart

What is All-Time Low (ATL)?

This term refers to the **lowest price** ever experienced by an asset or currency.

#1 Reflecting the Minimum Value

The ATL represents an asset's lowest **market value**, often observed during its initial launch or periods of severe market pessimism.

#2 Opportunities for Buyers

ATLs provide opportunities to purchase assets at a low price, **especially** if an increase in value is anticipated.

#3 Significant Support Level

The ATL often serves as a **strong support level**, with prices rarely falling below it.

Example of All-Time Low (ATL)

A weekly chart of the ARB/USDT cryptocurrency demonstrates that the price has reached its historical low (ATL).



Example of an All-Time Low (ATL) reflected in the ARB cryptocurrency chart

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