

PASSAGE 5

Tra ID Đề [5753] - Tra ID Video [5754]

People's sleeping habits have changed over the last 500 years. Before electric lights (1) _____ invented, most people went to bed soon after it got dark. Today, we can sleep whenever we want to. (2) _____ people choose to sleep between six and eight hours per night during the week and up to ten hours per night at weekends. The problem is that if we (3) _____ at the weekend, we don't want to get up on Monday morning either! Many of us feel like sleeping after lunch and in some hot countries, people do sleep in the afternoon. In other countries, (4) _____, people have to keep working all day with only a short break. We all have dreams but most of us fail to remember them. Some people (5) _____ to fall asleep. The advice for them is to try taking more exercise and remember (6) _____ coffee in the evening.

Question 1: A. had

B. have

C. were

D. are

Question 2: A. Almost

B. Most

C. Mostly

D. Most of

Question 3: A. delay getting up

B. delay to get up

C. delaying get up

D. delay get up

Question 4: A. of course

B. therefore

C. however

D. because

Question 5: A. find difficult

B. find difficulty

C. find it difficult

D. find it difficultly

Question 6: A. not drinking

B. not to drink

C. to not drink

D. not drink