DẠNG 2. ĐỌC ĐIỀN VÉ CÂU, CÂU

PASSAGE 1

Tra ID Đề [5714] - Tra ID Video [5715]

The rubbish problem is becoming very serious in many countries. Every day, we produce a lot of waste, and (1) _____. This waste can harm our environment and affect our health. In some cities, rubbish piles up on the streets, and animals can get hurt by it.

To solve this problem, many people are trying to recycle more. Recycling means (2) _____. For example, we can turn old paper into new paper or plastic bottles into new products. By recycling, we can reduce the amount of rubbish we create.

Another way to help is to use less plastic (3) _____. Instead of using plastic bags, we can take our own bags when we go shopping. This small change can make a big difference.

Education is also important. Schools are teaching students about the rubbish problem and how to help, (4) _____. When young people learn about this, they can tell their families and friends.

Finally, it's essential for everyone to work. (5) _____. When we all take action, we can make our world cleaner and healthier.

Question 1:

A. many people do not know what to do with it

B. needed to throw it all away

C. can be recycled easily

D. there is too much of them in the ocean

Question 2:

A. taking old things and making them new

B. throwing everything in the trash

C. to make new rubbish from old things

D. to buy more things we don't need

Question 3:

A. what is bad for the environment

B. which we should avoid using it

C. that are always the best option

D. which does harm to the environment

Question 4:

A. helping to clean the living area

B. learned how to make more rubbish

C. raising awareness about living green

D. helped their families recycle better

Question 5:

A. If we all do nothing, it will be better

B. Work together is the best way to help

C. Together, we can make a big change

D. It's no important to think about waste

LIVEWORKSHEETS

PASSAGE 2

Tra ID Đề [5716] - Tra ID Video [5717]

A balanced diet is essential for good health. Eating different kinds of food is important so that (1) _____. A good diet includes many different foods. Eating well helps us feel energetic and strong.

Fruits and vegetables should be a big part of our meals. It's vitamins and minerals (2) _____. For example, carrots are good for our eyes, and oranges are full of vitamin c, which helps our immune system.

Carbohydrates are also important. They provide the energy we need for daily activities.

While foods like (3) _____, whole grains are a better choice because they contain more fiber, which is good for digestion.

(4) _____, protein is crucial for our bodies. We can find protein in foods such as chicken, fish, and nuts. It helps our muscles grow and repair after exercise.

Lastly, staying hydrated is key to a balanced diet. (5) _____, drinking enough water keeps our bodies functioning properly and helps US feel our best.

Question 1:

A. our bodies get the nutrients they need

B. developing sources of nutrition

C. we should only eat fruits and vegetables

D. important to avoid fats and sugars

Question 2:

A. that we need for our daily routine

B. eating a variety of them is beneficial

C. you can find them in fast food

D. for which are very tasty

Question 3:

A. delicious fruits and sweets

B. rice and white bread tastes good

C. chocolate and chips taste

D. ice cream and cakes

Question 4:

A. Although vegetables and fruits are good to our body,

B. Contained many nutrients,

C. In addition to fruits, vegetables, and carbohydrates,

D. Contrary to vegetables and fruits,

Question 5:

A. Instead drinking soda

B. Water is very useful

C. Unlike drinking soft drinks

D. Juice is a nice option

LIVEWORKSHEETS