PASSAGE 11

Tra ID Đề [5664] - Tra ID Video [5665]

How do we know the time? Look around. Is there a clock on the wall? (1) _____ Does your cell phone show the time? Telling the time is straightforward these days and essential if we want to schedule things and be punctual, but it was not always so easy. Many years ago, there were no clocks. Over the centuries, people (2) _____.

About 5,500 years ago, the Egyptians invented the sun clock. This was a tall stone structure. Its shadow (3) _____. They were able to determine midday and measure time from these shadows.

(4) _____ And nowadays satellites send our cell phones the time to the exact second. There have been a lot of advances in timekeeping, but some things never change. Many of us still have trouble getting out of bed on time and not missing appointments.

A. have developed different ways of telling the time.

B. marked the movement of the sun

C. Are you wearing a watch?

D. More recently, in 1956, came the digital clock.

Question 1: _____ Question 2: _____ Question 3: _____ Question 4: _____

PASSAGE 12.

Tra ID Đề [5666] - Tra ID Video [5667]

Millions of people today are overweight and out of shape. This is due (1) _____. Another reason is that too many of us spend our evenings gluing to the television, instead of doing something to keep ourselves fit. (2) _____

Long hours at school and at work don't leave much time for healthy eating. Many kinds of food, such as frozen meals and canned vegetables, save time but are often unhealthy. Fast food and takeaways are also responsible for many health problems. In order to enjoy good health, a regular programme of exercise is essential. (3) _____ Doing a little exercise every day so as not

(4) _____ If you don't practice any form of exercise now, it is important for you to choose one and start today and get in shape!

A. Today's hectic lifestyles also prevent us from spending as much time as we should on staying in shape.

B. This can be anything from gentle forms of yoga to bodybuilding.

C. to develop health problems is something that the young and the old should consider.

D. in part to their diet, which is often high in sugars and fats.

Question 1: _____ Question 2: _____ Question 3: _____ Question 4: _____

LIVEWORKSHEETS