Reading

Task 4

Read the texts below. Match choices (A–H) to (17–21).
There are three choices you do not need to use.

17

A WILD ADVENTURE

Learn how to find food, make a shelter and deal with the dangers of the wild.
A two-day (one night) adventure that you will never forget!

What you need:
- warm clothes
- sturdy shoes or boots
- a protective hat
- a sense of adventure and respect for nature

For people aged 15 and over only.

18

Get ready, get set – get wet!

- Must be an experienced swimmer
- Bring extra clothing
- Trips depend on river and weather conditions
- Ages 12 and up only
- No pregnant women

Seven days a week, June – early November

We provide all the equipment including boats and life jackets.

Visit our website to make a reservation!

LIVEWORKSHEETS

19

VISIT THE WATER WILDLIFE REFUGE

Learn about a range of different endangered species – and how you can help them in your garden – for example, by putting out seed and water or creating nest boxes.

- Maximum of five people per group
- Special kids' walks for ages 8–13
- Wear warm clothes, waterproof shoes and a hat
- Bring your own binoculars, lunch and drinks

20

Weekend camp for beginners – groups for youths (12–18) and adults

Instruction, ropes and other equipment, food, and transportation to and from the camp are provided.

Safety first – we teach best practices and emergency procedures.

Overnight stay in beautiful surroundings.

Participants to provide sleeping bags, day packs and warm clothes.

21

Our holidays come in all shapes and sizes!

From gentle tours in France to expeditions in the mountains of Peru. You can journey across Thailand, experiencing its unique culture, or race like a professional on a tour through the Italian countryside.

All our trips are graded from beginner to advanced to indicate their level of difficulty and come with the percentage of on- and off-road riding that is involved.

Which of the advertisements describes _____ ?

A survival training
B luxury camping
C wild river rafting
D big cat safaris
E guided bird-watching
F climbing camps
G cycling tours
H canal boat trips

LIVEWORKSHEETS

Task 5

Read the text below. For questions (22–26) choose the correct answer (A, B, C or D).

How to get to know each other

Many teenage boys and girls often find it difficult to know if they're giving the correct signals to someone they like. However, there are some universal techniques which might help you face this challenge.

The most important thing is appearance. Yes, it's a shallow thing to say, and it's certainly true that one shouldn't judge another person by their looks. But just think: how else can you make a first impression before you have a chance to impress someone with your personality? Both boys and girls should pay attention to what they are wearing. First impressions count when you want to ask someone out on a date. Both boys and girls should aim to look smart. Dirty fingernails and scruffy clothes won't do anyone any favours. Try to wear something that makes you feel comfortable. If you feel at ease, you'll also be more confident. If your clothes are bothering you, you'll be distracted from your most important objective.

Once you've made a good impression, you can try to attract the person's attention by making eye contact with them. Experts in body language sometimes refer to this as the 'eyebrow flash'. Catch their eye, look directly at them and raise your eyebrows. If they like you, they'll smile back right away. If they don't, you can still pretend you didn't mean anything by looking, and just walk away – without having to *admit defeat*. The other person can smile back and mirror your body language. We all like people who look and act like ourselves because it makes us feel more secure. Some people find a direct, proactive person appealing, while some people get scared by this.

And what's next? It's always good to pay a compliment to the person you like, and in return it's nice if they accept the compliment and pay one back. How do you do this? Just say something nice about the other person – it doesn't matter what it is so long as you think it's true. Once you've got through all that, then you can begin to talk to each other! Try not to sound too nervous, don't giggle and keep smiling. Always look interested in what the other person is saying, even if you know nothing about the subject. Having had your first chat, you can now decide how you really feel and whether you still want to go out with the person or not.

LIVEWORKSHEETS

22 What do teenagers often have difficulties with?

A finding someone they like
B making conversation
C talking about their hobbies
D showing how they feel about someone

23 Why is appearance important?

A It has a bigger impact than personality.
B It's the only way to impress someone before you get to know them.
C Looking good helps you speak with confidence.
D Dressing well makes you feel special.

24 What does *admit defeat* in paragraph 3 mean?

A accept you can't succeed
B predict you won't win
C suggest you may lose
D pretend you never fail

25 According to the text, what is TRUE about copying body language?

It makes people feel _____.

A active
B attractive
C scared
D safe

26 What is the writer's advice for the next step?

A to tell each other how you really feel
B to say something positive to each other
C to only tell the truth if it is nice
D to stop worrying about what you're going to say

LIVEWORKSHEETS

Task 6

Read the texts below. Match choices (A–H) to (27–32).
There are two choices you do not need to use.

How do you feel about social media?

27 **Zoe**

It took me a while to accept the idea of social networking sites – but my two teenage daughters told me to give it a try and I have to say it was a real eye-opener. I started off by trying to track down old school friends, and it worked – I managed to contact people I'd lost touch with over the years, and I've even met up with some of them. I can't say I'm addicted to these sites like my daughters, but at least I understand the attractions.

28 **Fran**

I don't think there's anything really wrong with these sites – for keeping in touch with friends and family, for example. However, if you find you are on 24/7, then I'd say you've probably got a problem. What I really can't stand are people who post thousands of photographs or videos or update their profile every day. To me, that's a sign that the person is just using the site to show off.

29 **Jack**

If people have got nothing better to do than spend all their free time on one of these sites, they need to get a life. I can't understand why some people would rather talk to friends in a virtual world instead of going out and meeting real people. I've got a couple of friends who never phone me any more – they think they can keep in touch with their instant messages. I'd prefer a real conversation any day.

30 **Harry**

There are a number of signs that indicate a young person is spending too much time on social media sites. You should be worried if your child is anxious, stressed or feeling overwhelmed by normal routines; if they are leaving homework unfinished or are getting bad grades at school; and if their relationships with important people such as their family are suffering.

LIVEWORKSHEETS

31 **Zach**

For me, it's a way of connecting with such a huge variety of people – from all over the world. You can share problems and experiences in a matter of seconds! And while we are constantly being told how so many of us suffer from loneliness these days, social media seems like an obvious way to stay in touch with people, wherever they are in the world, and to meet new people – even when you're very shy like me!

32 **Milly**

I've used social media to help promote my business. I'm self-employed and it's an absolutely brilliant way to communicate with my customers. I've built a strong community around my brand, and my followers are interested and engaged in my products. I like to entertain with what I post, though – to make my followers laugh or tell them something they didn't know. Then people are more likely to 'like' the post and share it with others!

Which person _____ ?

A talks about various mental health issues
B believes social media has been a help to them professionally
C accuses some users of laziness
D has used social media to renew past acquaintances
E thinks some users only want to draw attention to themselves
F suggests online communication works well for less confident people
G says loneliness can be a result of social media use
H doesn't see the point of certain relationships

LIVEWORKSHEETS

Task 7

Read the text below. Choose from (A–H) the one which best fits each space (33–38). There are two choices you do not need to use.

Off the Streets and Into Life

Centrepoint is a British charity that helps young people who have found themselves, for one reason or another, living rough or in unsuitable or dangerous accommodation. They help by **(33)** ___ for up to two years, irrespective of why they ended up on the streets.

Since 1969, Centrepoint has helped 72,000 young homeless people. Although a place to stay is important, **(34)** ___ , homeless children will become homeless adults. Additional support services include a skills and employment team. Specialists within these teams help get young people back into education, training or employment. Living rough can also have a real impact on mental health. So Centrepoint helps these youngsters **(35)** ___ and provides information on personal hygiene.

Centrepoint has contact with around 1,300 young people every year. Their circumstances differ. Some are homeless because of a breakdown in family relationships. But, **(36)** ___ , the charity aims to provide each person the individual help they need most.

One of the young people at Centrepoint, John, was only 15 years old when he first arrived. He had been sleeping on park benches and in old buildings. Since his arrival, Centrepoint has helped to build John's confidence and nurture his abilities, and he now hopes to go to university. Looking through other life stories on the charity's website, it is clear that confidence and education are key words for the young people **(37)** ___ .

The biggest challenge for many people being helped by Centrepoint is the next step: **(38)** ___ into the real world. Centrepoint has an after-care service which provides support when looking for accommodation and help with financial concerns, such as paying a deposit on a flat or paying the first monthly bills.

A who pass through Centrepoint's care
B trying to influence government policy
C moving on from the security of the hostels
D without educational opportunities
E become involved with criminal gangs
F providing safe rooms for young people
G get the medical or psychological help they need
H whatever the circumstances

LIVEWORKSHEETS