Plastic pollution is a slow-motion tragedy. it's a disaster that we _____ unfold on the news and in TV documentaries over the last decade. Today it feels like we _____ the point where the scale of the environmental emergency facing us is overwhelming and with a problem that's so enormous it's hard to imagine how as individuals we can make any difference. It's hard but it's not impossible. It's autumn and for the past week people around the UK _____ in beach and river cleans organized by the environmental charity "surfers against sewage". Groups of hundreds of volunteers of all ages _____ hours collecting and recording the plastic pollution at nearly _____ events that were part of an annual big autumn beach and river clean. Between them, they've collected _____ tons of rubbish. The popularity of events like these is a clear sign of the growing awareness of the issue of plastic pollution and of people's desire to be part of the solution… but what can you do if you don't have a couple of hours to spare or can't make it to an organized beach clean? Well, you can start to make a difference with just a couple of minutes.

My name is Martin Dorey. I am the founder of a project called "the two minute beach clean" um and "the two minute beach" is a campaign to try and inspire people to spend two minutes picking up litter each and every time they go to the beach. I firmly believe that everybody on this planet has a part to play in the plastic problem and I believe that everybody can _____. Martin first noticed a problem with plastic pollution on his local beach in _____. He wanted to do something about it.

I decided that I would use social media to try and encourage people to help me clear it up so, um, I started using the hashtag #twominutebeachclean and I went and took pictures of my two-minute beach cleans and posted them to _____ and to _____ and it kind of just exploded from there. Two minutes is key because it's nothing so if I say to you um could you help me with something it's only going to be two minutes…it's nothing to you.

Today, there are hundreds of two-minute beach clean boards around the UK. These boards have simple instructions along with litter pickers you can borrow and bags you can use to collect rubbish, making it easy for everyone to get involved.

THE 2 MINUTE
FOUNDATION

LIVEWORKSHEETS