

HANDOUT - CLASE 1

Actividad 1: SPEAKING: Let's revise some symptoms and illnesses. [Let's revise!](#)

Actividad 2: LISTENING: A clinical Case. Listen and choose the correct option. [TRACK](#)

1. What was Laura's main problem?
 - a) A broken leg
 - b) A sore throat
 - c) A migraine
2. Where did Laura go?
 - a) A hospital
 - b) A pharmacy
 - c) A clinic
3. What did the doctor do?
 - a) He gave her pain relievers
 - b) He sent her to another doctor
 - c) He asked for blood tests
4. How long did Laura stay at the clinic?
 - a) Two hours
 - b) One hour
 - c) All day

Actividad 3: Listen again and mark the sentences as TRUE or FALSE. Correct the false ones.

- 1) Laura had a fever.
- 2) She felt dizzy and had a headache.
- 3) She had a pain in her stomach.
- 4) The pain started the night before.
- 5) She didn't sleep well the night before.
- 6) The doctor ordered some tests.
- 7) The doctor gave Laura some pain relievers.
- 8) Laura went home after one hour.
- 9) After the visit to the clinic, she felt better.

Actividad 4: READING: Read the text and choose the correct answer.

Clinical Case – Marcos and the Sprained Ankle

Two days ago, Marcos Rivas, a 28-year-old nurse, visited the clinic. He had pain in his left ankle after a fall at work. He didn't hit his head and he didn't have any cuts or bruises on his arms or legs. However, his ankle was swollen and he couldn't walk well.

The doctor asked him what happened. Marcos said he slipped on a wet floor during his night shift. The nurse on duty took his vital signs. They were normal.

The doctor examined his ankle. It was red and painful to touch. The doctor didn't see signs of a fracture, so he diagnosed a sprained ankle. He didn't order an X-ray.

The doctor gave him painkillers and told him to rest for three days. He also recommended using ice and keeping the foot elevated. Marcos followed the instructions and went home.

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| 1. Why did Marcos go to the clinic?
a) He had a fever
b) He had pain in his ankle
c) He had a headache | 3. What did the doctor give him?
a) Antibiotics
b) Painkillers
c) Sleeping pills |
| 2. What was the diagnosis?
a) A broken bone
b) A muscle injury
c) A sprained ankle | 4. How did Marcos injure himself?
a) He ran too fast
b) He slipped on the stairs
c) He slipped on a wet floor |

Actividad 5: Complete the sentences using 1 word. There are two extra words you do not need to use.

swollen – painkillers - fracture – night – pain – ice –elevated - rest -

1. Marcos had _____ in his left ankle.
2. His ankle was _____ and red.
3. The accident happened during his _____ shift.
4. The doctor didn't see signs of a _____.
5. He told him to _____ for three days.
6. He recommended using _____ on the injury.