

UNIT 2 - WORKSHEET 1

1. What is there in the fridge? Write the correct number in each word:

		Apples _____ Avocado _____ Banana _____ Beef _____ Carrot _____ Cheese _____ Eggs _____ Fish _____ Garlic _____ Grapes _____ Lemon _____ Lettuce _____ Milk _____ Orange juice _____ Pear _____ Pineapple _____ Pork _____ Potatoes _____ Strawberry _____ Watermelon _____ Wine _____

2. What are the benefits of eating healthy food? Match the words:

- a) Fruits give you
- b) Vegetables help your
- c) Dairy products help your
- d) Meat gives you

- proteins
- bones
- vitamins
- digestion