

For questions 1 – 8, read the text below and decide which answer (A, B, C or D) best fits each gap. There is an example at the beginning (0).

Mark your answers on the separate answer sheet.

Example:

0 A band B set C branch D series

0	<u>A</u>	<u>B</u>	<u>C</u>	<u>D</u>
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## What is genealogy?

Genealogy is a (0) ..... of history. It concerns family history, (1) ..... than the national or world history studied at school. It doesn't merely involve drawing a family tree, however – tracing your family history can also (2) ..... in learning about your roots and your identity. The internet enables millions of people worldwide to (3) ..... information about their family history, without great (4) .....

People who research their family history often (5) ..... that it's a fascinating hobby which (6) ..... a lot about where they come from and whether they have famous ancestors. According to a survey involving 900 people who had researched their family history, the chances of discovering a celebrity in your past are one in ten. The survey also concluded that the (7) ..... back you follow your family line, the more likely you are to find a relation who was much wealthier than you are. However, the vast majority of people who (8) ..... in the survey discovered they were better off than their ancestors.

- 1 A instead B rather C except D sooner
- 2 A cause B mean C result D lead
- 3 A accomplish B access C approach D admit
- 4 A fee B price C charge D expense
- 5 A describe B define C remark D regard
- 6 A reveals B opens C begins D arises
- 7 A older B greater C higher D further
- 8 A attended B participated C included D associated

For questions 17 – 24, read the text below. Use the word given in capitals at the end of some of the lines to form a word that fits in the gap in the same line. There is an example at the beginning (0).

Write your answers **IN CAPITAL LETTERS** on the separate answer sheet.

Example: 0 C O M M O N L Y

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### An incredible vegetable

Garlic, a member of the Liliaceae family which also includes onions, is (0) ..... used in cooking all around the world. China is currently the largest (17) ..... of garlic, which is particularly associated with the dishes of northern Africa and southern Europe. It is native to central Asia and has long had a history as a health-giving food, used both to prevent and cure (18) ..... . In Ancient Egypt, workers building the pyramids were given garlic to keep them strong, while Olympic athletes in Greece ate it to increase their resistance to infection.

COMMON  
PRODUCT

The forefather of antibiotic medicine, Louis Pasteur, claimed garlic was as (19) ..... as penicillin in treating infections. Modern-day (20) ..... have proved that garlic can indeed kill bacteria and even some viruses, so it can be very useful for people who have coughs and colds. In (21) ..... , some doctors believe that garlic can reduce blood (22) ..... .

ILL

EFFECT  
SCIENCE

ADD  
PRESS

The only (23) ..... to this truly amazing food is that the strong and rather (24) ..... smell of garlic is not the most pleasant!

ADVANTAGE  
SPICE

For questions 25 – 30, complete the second sentence so that it has a similar meaning to the first sentence, using the word given. Do not change the word given. You must use between two and five words, including the word given. Here is an example (0).

Example:

0 A very friendly taxi driver drove us into town.

DRIVEN

We ..... a very friendly taxi driver.

The gap can be filled by the words 'were driven into town by', so you write:

Example: 0 WERE DRIVEN INTO TOWN BY

Write only the missing words **IN CAPITAL LETTERS** on the separate answer sheet.

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25 Joan was in favour of visiting the museum.

IDEA

Joan thought it would be ..... to the museum.

26 Arthur has the talent to become a concert pianist.

THAT

Arthur is so ..... could become a concert pianist.

27 'Do you know when the match starts, Sally?' asked Mary.

IF

Mary asked Sally ..... time the match started.

28 I knocked for ages at Ruth's door but I got no reply.

**LONG**

I ..... knocking at Ruth's door but I got no reply.

29 Everyone says that the band is planning to go on a world tour next year.

**SAID**

The band ..... planning to go on a world tour next year.

30 I'd prefer not to cancel the meeting.

**CALL**

I'd rather ..... the meeting.

You are going to read a newspaper article in which a former ballet dancer talks about the physical demands of the job. Six sentences have been removed from the article. Choose from the sentences **A – G** the one which fits each gap (37 – 42). There is one extra sentence which you do not need to use.

Mark your answers on the separate answer sheet.

## Good preparation leads to success in ballet dancing



*A former classical ballet dancer explains what ballet training actually involves.*

What we ballet dancers do is instinctive, but instinct learnt through a decade of training. A dancer's life is hard to understand, and easy to misinterpret. Many a poet and novelist has tried to do so, but even they have chosen to interpret all the hard work and physical discipline as obsessive. And so the idea persists that dancers spend every waking hour in pain, bodies at breaking point, their smiles a pretence.

As a former dancer in the Royal Ballet Company here in Britain, I would beg to question this. **37** With expert teaching and daily practice, its various demands are easily within the capacity of the healthy human body. Contrary to popular belief, there is no need to break bones or tear muscles to achieve ballet positions. It is simply a question of sufficient conditioning of the muscular system.

Over the course of my dancing life I worked my way through at least 10,000 ballet classes. I took my first at a school of dance at the age of seven and my last 36 years later at the Royal Opera House in London. In the years between, ballet class was the first thing I did every day. It starts at an early age, this daily ritual, because it has to. **38** But for a ballet dancer in particular, this lengthy period has to come before the effects of adolescence set in, while maximum flexibility can still be achieved.

Those first classes I took were remarkably similar to the last. In fact, taking into account the occasional new idea, ballet classes have changed little since 1820, when the details of ballet technique were first written down, and are easily recognised in any country. Starting with the left hand on the barre, the routine unrolls over some 75 minutes. **39** Even the leading dancers have to do it.

These classes serve two distinct purposes: they are the way we warm our bodies and the mechanism by which we improve basic technique. In class after class, we prove the old saying that 'practice makes perfect'. **40** And it is also this daily repetition which enables us to strengthen the muscles required in jumping, spinning or lifting our legs to angles impossible to the average person.

The human body is designed to adapt to the demands we make of it, provided we make them carefully and over time. **41** In the same way, all those years of classes add up to a fit-for-purpose dancing machine. This level of physical fluency doesn't hurt; it feels good.

**42** But they should not be misled: there is a difference between hard work and hardship. Dancers have an everyday familiarity with the first. Hardship it isn't.

**A** Through endless tries at the usual exercises and frequent failures, ballet dancers develop the neural pathways in the brain necessary to control accurate, fast and smooth movement.

**B** The ballet shoe offers some support, but the real strength is in the muscles, built up through training.

**C** As technology takes away activity from the lives of many, perhaps the ballet dancer's physicality is ever more difficult for most people to imagine.

**D** Ballet technique is certainly extreme but it is not, in itself, dangerous.

**E** The principle is identical in the gym – pushing yourself to the limit, but not beyond, will eventually bring the desired result.

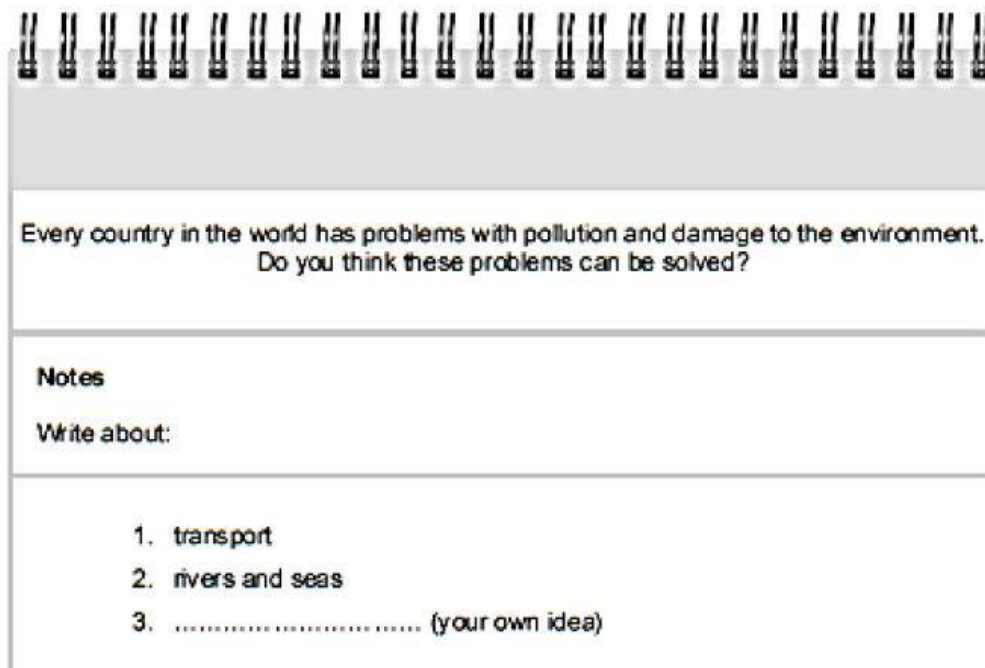
**F** No one avoids this: it is ballet's great democratiser, the well established members of the company working alongside the newest recruits.

**G** It takes at least a decade of high-quality, regular practice to become an expert in any physical discipline.

You must answer this question. Write your answer in 140 – 190 words in an appropriate style on the separate answer sheet.

- 1 In your English class you have been talking about the environment. Now, your English teacher has asked you to write an essay.

Write an essay using all the notes and giving reasons for your point of view.



Every country in the world has problems with pollution and damage to the environment.  
Do you think these problems can be solved?

**Notes**  
Write about:

1. transport
2. rivers and seas
3. .... (your own idea)