

My name is: \_\_\_\_\_

**WORKSHEET**

|                     |                                                                                   |                     |
|---------------------|-----------------------------------------------------------------------------------|---------------------|
| Date: .....<br>FFs4 |  | Teacher's feedbacks |
|---------------------|-----------------------------------------------------------------------------------|---------------------|

**Task 1. Read and answer the questions****Sports – Fun and Healthy!**

Sports are a great way to have fun and stay healthy. People all around the world play sports. Some popular sports are football, basketball, badminton, swimming, and volleyball.

Playing sports is good for your body. It helps you get stronger and keep fit. Sports can also help you relax after school or work.

Some sports are team sports, like football and volleyball. You need to work with your teammates to win the game. Other sports, like swimming or running, can be played alone.

Sports also teach us important things like teamwork, discipline, and fair play. You learn how to win politely and how to lose with a smile.

You don't have to be a professional to enjoy sports. Just play with your friends, at school, or in the park. The most important thing is to have fun and stay active!

1. Why are sports good for you?

\_\_\_\_\_

2. What are some popular sports mentioned in the text?

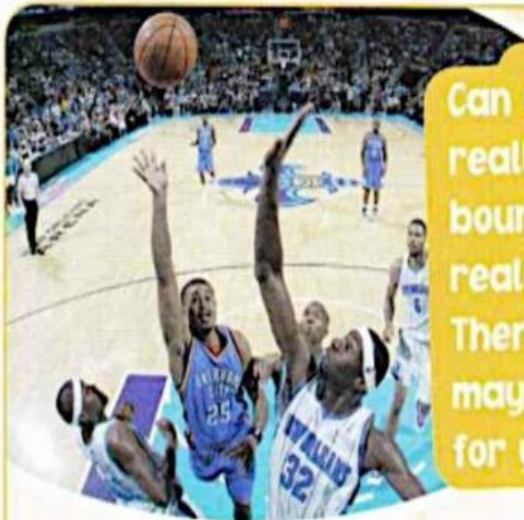
\_\_\_\_\_

3. What do team sports teach you?

\_\_\_\_\_

4. Where can you play sports?

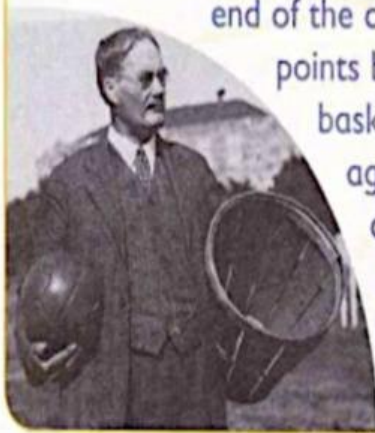
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**Task 2: Read and write T/F**

Can you jump really high and bounce a ball really fast? Then basketball may be the sport for you!

Basketball started in 1891 in Canada. The very cold winters meant pupils needed a sport to play inside where it was warm. So, a PE teacher called James Naismith invented a new sport: basketball.

Naismith put fruit baskets onto balconies at each end of the court. The players scored points by throwing balls into the baskets. To get the balls down again, the players had to climb a ladder. So, Naismith made a hole in the bottom of each basket for the ball to fall through.



People continued to play basketball in this way until 1906, when basketball hoops and nets were invented.

With time, basketball spread across the United States and then the whole world. Today people play basketball outdoors, too, and you can often find basketball hoops in parks and gardens.

So try it! You just need a ball, some friends and a basketball hoop. It's a great way to keep fit and healthy.



One of the tallest basketball players is Sun Ming Ming, who is 236cm tall. But you don't have to be tall to play basketball. A very famous player, Muggsy Bogues, is only 160cm.

1. Basketball was invented in 1891 in the United States.
2. Players had to use a ladder to get the ball out of the basket.
3. Basketball hoops and nets were used from the beginning.
4. People only play basketball indoors today.
5. Sun Ming Ming is a very tall basketball player.
6. All basketball players must be very tall.

**Task 3:**

Listen and Write a letter next to a name .There is one example



A



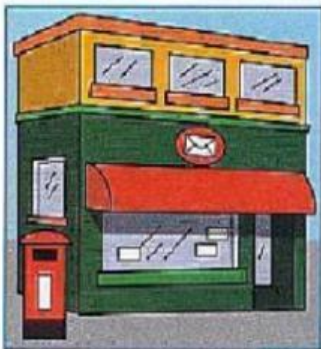
B



E



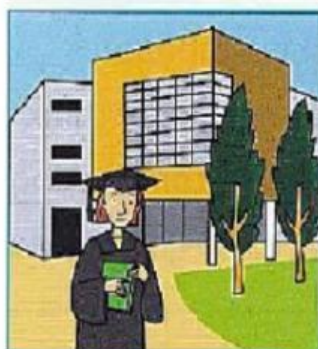
F



C



D



G



H

**Example:** Betty

C

1. Betty's mother

2. Cousin Robert

3. Uncle Richard

4. Betty's father

5. Aunt Susan