



PHIẾU BÀI TẬP DÀNH CHO HỌC SINH-starter level

Chủ đề: Health and Healthy Lifestyle

Name: _____ Class: _____



Part 1: Multiple Choice (Choose the best answer)

Click on the correct answer.

1. Which of the following is a healthy carbohydrate?
☐ A. White rice
☐ B. Brown rice
☐ C. Soda
☐ D. Fried chicken
2. Processed meats:
☐ A. Are good for health
☐ B. Are a good source of protein
☐ C. Should be limited
☐ D. Contain healthy fats
3. What does yogurt belong to?
☐ A. Protein
☐ B. Dairy products
☐ C. Carbohydrates
☐ D. Processed foods
4. Which verb is a linking verb?
☐ A. Eat
☐ B. Look
☐ C. Run
☐ D. Write
5. Which of these is **not** a processed food?
☐ A. Sausages
☐ B. Fresh vegetables
☐ C. Instant noodles
☐ D. Soft drinks
6. "This dish ____ delicious!"
☐ A. Tastes
☐ B. Eats
☐ C. Smells
☐ D. Feels

 Part 2: Unscramble the Sentences (Arrange the words in the correct order)

Type the correct sentence in each box.

1. menu/healthy./really/This/looks



2. rice/is/Brown/rice/a/healthy/carbohydrate.



3. yogurt/a/dairy?/good/Is/of/source



4. best?/Which/dish/tastes/the

