

1 Complete the adverbs of frequency with *a, e, i, o* and *u*.

1 n_v_r

4 _lw_ys

2 s_m_t_m_s

5 h_rdly _v_r

3 _s_ _lly

6 _ft_n

2 Complete the chart with the adverbs of frequency in exercise 1.

1	always	☒	☒	☒	☒	☒
2		☒	☒	☒	☒	☐
3		☒	☒	☒	☐	☐
4		☒	☒	☐	☐	☐
5		☒	☐	☐	☐	☐
6		☐	☐	☐	☐	☐

3 Put the words in the correct order to make sentences.

1 often / on Sundays. / has / breakfast / in bed / Mike

Mike often has breakfast in bed on Sundays.

2 go shopping / sometimes / on Saturdays. / I

3 is / on Friday evenings. / at home / Kate / never

4 speaks / in our English lessons. / always / our teacher / English

5 at school. / usually / am / I / hungry

6 Ben and Jake / books. / hardly ever / read

4 Write sentences about Sam. Add the correct adverb of frequency.

1 get up at seven o'clock ☒☒☒☒☒

Sam always gets up at seven o'clock.

2 watch TV after school ☒☐☐☐☐

Sam

3 be late for school ☒☒☒☐☐4 be in bed before eleven o'clock ☐☐☐☐☐5 tidy his bedroom at the weekend ☒☒☐☐☐6 do the washing-up ☒☒☒☒☐

5 Rewrite the sentences in exercise 4 so that they are true for you.

1 I _____ get up at seven o'clock.

2 _____

3 _____

4 _____

5 _____

6 _____

6 LISTENING 12 Listen to Joe saying what he does on Saturdays. Tick ✓ the correct boxes in the chart.

	always	usually	often	sometimes	hardly ever	never
do my homework	☐	☐	☐	☐	☒	☐
play football	☐	☐	☐	☐	☐	☐
watch TV	☐	☐	☐	☐	☐	☐
listen to music	☐	☐	☐	☐	☐	☐
go dancing	☐	☐	☐	☐	☐	☐

7 Write questions about Joe with *How often*. Then answer them with an adverb of frequency.

1 Joe / do his homework on Saturdays?

How often does Joe do his homework on Saturdays?

Hardly ever.

2 Joe / play football on Saturdays?

3 Joe / watch television on Saturdays?

4 Joe / listen to music on Saturdays?

5 Joe / go dancing on Saturdays?

Challenge!

Write three more questions for your classmates with *How often*.

1 How often do you play football?

2 _____

3 _____