

1 Write and match.

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- 1 docl cold ☒
- 2 smatohc ehac ☐
- 3 aracehe ☐
- 4 hadecahe ☐
- 5 cguho ☐
- 6 eros arthot ☐



2 Write the words.

/5

~~feel sick~~ calcium take medicine sardine energy fit

- 1 This can happen if you eat too many sweets. feel sick
- 2 You sometimes do this if you feel ill. _____
- 3 Playing sports will help you to be this. _____
- 4 Milk contains lots of this. _____
- 5 Taking regular exercise will give you more of this. _____
- 6 Eating this fish is good for your bones. _____