

Until recently, research _____ focus more on what causes depression.

However, research also _____ about 40 percent of happiness is due to things we do in our daily lives.

Being kind to other people certainly makes people feel positive, so it's _____ volunteering may be good for people.

Usually the simple act of laughing is enough to create more – and genuine – laughter. And _____ that laughter has improved the health of those taking part.

However, these organisations are community projects with limited money and _____ governments are not doing enough to increase people's happiness.

There is an economic benefit from investing in making society happier, because _____ happy people are healthier.

Governments don't seem to see this benefit because, _____, many in power don't take the idea of positive psychology seriously.