

# Zero conditional

If you mix the blue liquid with the red liquid, something incredible happens.



## Language focus

Use the **zero conditional** to talk about things that are always true. The zero conditional tells us that if one thing happens, another thing always happens as a result.

This is the form of the sentence: **if + present simple + present simple:**

**If you mix red and blue, you get purple.**

### 1 Correct the sentences.

1 If Mum can't go for a run in the morning, she feel unhappy.

If Mum can't go for a run in the morning, she feels unhappy.

2 If my brother enjoying a film, he talks about it for hours.

3 If you doesn't exercise, you put on weight.

4 If you standing in the rain, you get wet.

5 If Sam ran in the summer, he gets very hot.

6 If I travel by car, I felt sick.

**2** Choose the correct option to complete the sentences.

1 If babies are hungry,  
 a they are crying.  
 b **they cry.**  
 c they cried.

2 If you mix hydrogen and oxygen,  
 a you get water.  
 b you got water.  
 c you're getting water.

3 If students are late for class,  
 a Mr Marks gets angry.  
 b Mr Marks get angry.  
 c Mr Marks got angry.

4 If plants don't get enough water,  
 a it dies.  
 b they died.  
 c they die.

5 If we don't drink,  
 a we've got thirsty.  
 b we got thirsty.  
 c we get thirsty.

**3** Complete the text with the verbs from the box.

do go think put need know feel ask



My name is Benjamin and I worry about things. I try not to, but I worry about everything. Going to bed, for example. If I (1) go to bed early, I can't go to sleep. If I go to bed late, I (2) feel tired the next day. If I am in bed at exactly the right time, I (3) ask, 'Is this exactly the right time?' I worry about my schoolwork too. If I (4) do one hour of homework every night, I (5) think myself, 'Was that enough?' If I do two hours of homework, I say, 'Mum, I think I've done too much homework tonight.' I never know what is the right thing to do because I am a worrier. 'Oh, what a beautiful day,' my friends say in the springtime when the weather gets warmer. 'If it's really sunny,' I say to myself, 'I (6) put sun cream on, but if I (7) put sun cream on, I get it in my eyes.' 'Oh, Benjamin,' my friends say. 'Why do you worry about everything so much?' 'I don't know,' I say. 'If I don't worry about things, I don't (8) know what else to do.'

**4** Complete the sentences.

1 If you exercise, you feel better.

2 If you read lots of good books, you know more.

3 If you catch a cold, you feel sick.

4 If you don't get enough sleep, you feel tired.

5 If you eat a balanced diet, you feel healthy.

6 If you keep to a routine, you feel relaxed.

7 If you eat too much, you feel uncomfortable.

8 If you work too hard, you feel exhausted.