

EASTER TRADITIONS



Easter is an important Christian holiday celebrated in many countries. It remembers the resurrection of Jesus Christ. Easter Sunday is always on a different date each year, but it is in March or April. Many people go to church, spend time with their families, and take part in special traditions.

The Easter season begins with Ash Wednesday. This is the first day of Lent, which lasts for 40 days. During Lent, some Christians stop eating certain foods, like sweets or meat, to remember Jesus' sacrifice.

The last week before Easter is called Holy Week. It begins with Palm Sunday, which remembers when Jesus arrived in Jerusalem. On Maundy Thursday, people remember the Last Supper, the final meal Jesus had with his disciples. Good Friday is a sad day because it marks Jesus' crucifixion. Many people go to church to pray.

Easter Sunday is a happy day because it celebrates Jesus' resurrection. Churches have special services, and families come together for meals. In many countries, children look for chocolate eggs in Easter egg hunts. Some people eat traditional foods like hot cross buns in the UK or special Easter bread in Poland.

In different parts of the world, people celebrate Easter in different ways. In Spain, there are big religious parades. In Poland, on Easter Monday, people splash water on each other in a fun tradition called Śmigus-Dyngus.

Easter is a time of joy, hope, and new beginnings.



1 Match the words to their definitions.

Resurrection	The day Jesus was nailed to the cross
Lent	The last meal Jesus had with his disciples
Maundy Thursday	The return of Jesus to life after death
Good Friday	A period before Easter that starts on Ash Wednesday
Easter Sunday	The day Jesus entered Jerusalem
Crucifixion	The tradition of splashing water on people
Sacrifice	Giving up something important for a religious reason
Palm Sunday	A happy day celebrating Jesus' resurrection
Śmigus-Dyngus	The Friday before Easter Sunday

2 Complete the gaps.

- _____ is a time of 40 days when some Christians stop eating certain foods.
- _____ is the day that starts Holy Week.
- _____ is the day when Jesus was crucified.
- On _____, Christians remember the Last Supper.
- Easter Sunday celebrates the resurrection of _____.
- Many children enjoy looking for _____ during Easter egg hunts.

3 Mark the sentences true or false.

- Easter is always on the same date every year.
- Ash Wednesday is the last day of Lent.
- Good Friday is a happy day of celebration.
- In the UK, people eat hot cross buns at Easter.
- Śmigus-Dyngus is a tradition in Spain.