

|   |                            |  |                                                                                       |
|---|----------------------------|--|---------------------------------------------------------------------------------------|
| 1 | → I can kick my legs.      |  |     |
| 2 | → I can bend my knees.     |  |    |
| 3 | → I can stomp my feet.     |  |    |
| 4 | → I can turn my head.      |  |    |
| 5 | → I can thump my chest     |  |    |
| 6 | → I can wave my arms.      |  |   |
| 7 | → I can clap my hands.     |  |  |
| 8 | → I can bend my neck.      |  |  |
| 9 | → I can rise my shoulders. |  |  |

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