▶ Practice 1. The simple present and the present progressive. (Charts 2-1 and 2-2)

Complete the sentences. Write the simple present or the present progressive form of the verbs in parentheses.

1. The sun (*set*) ___sets___ in the west every evening.
2. Look! The sun (*set*) _____ behind the mountain now. How beautiful!
3. The football players (*practice*) _____ on the field right now.
4. The football players (*practice*) _____ on the field every afternoon.
5. I always (*listen*) _____ to the radio when I'm in my car.
6. The traffic is bad today, but it isn't bothering me. I (*listen*) _____ to my favorite morning talk show with Jack LaLoule, who is very funny.
7. Sam and Lara (*talk*) _____ on the phone every night.
8. Sam and Lara (*talk*) _____ on the phone right now, so I can't call Lara. Her line is busy.
9. I'll call you back in a little while. We (*eat*) _____ dinner right now.
10. My grandparents usually (*eat*) _____ dinner early. They often go out to their favorite restaurant for the early dinner special at 5:30.

▶ Practice 2. The simple present and the present progressive. (Charts 2-1 and 2-2)

Circle the correct verb.

1. Because of the force of gravity, objects (*fall / are falling*) down and not up.
2. It's autumn! The leaves (*fall / are falling*), and winter will soon be here.
3. Coffee (*grows / is growing*) in mountainous areas, not in deserts.
4. Oh, you (*grow / are growing*) so fast, Johnny! Soon you'll be taller than your dad.
5. Near the Arctic Circle, the sun (*shines / is shining*) for more than twenty hours a day at the beginning of the summer.
6. It's a beautiful day! The sun (*shines / is shining*) and the birds (*sing / are singing*).
7. Maria is a professional singer. She (*sings / is singing*) in the opera every season.
8. Olga likes mysteries. She (*reads / is reading*) one mystery book every week.
9. Hello, Sarah? I (*call / am calling*) you from my car. I'm going to be a little late for lunch.

LIVEWORKSHEETS