

Vocabulary and Use Your English

Choose the correct answers.

- 1 A(n) ____ is big, round and green but inside it's red!
a aubergine
b watermelon
c avocado
- 2 Fruit and vegetables are good for you because they have lots of ____.
a vitamins
b seeds
c fats
- 3 ____ give your body energy.
a Proteins
b Carbohydrates
c Water
- 4 Milk and ____ contain calcium.
a carrots
b cookies
c cheese
- 5 Calcium is good for your ____ and teeth.
a hair
b bones
c headaches
- 6 Fizzy drinks have a lot of ____.
a sugar
b salt
c sweet
- 7 I don't like cooked carrots. I prefer to eat them ____.
a rough
b raw
c delicious
- 8 Water keeps your body ____.
a fizzy
b frozen
c hydrated
- 9 Salads are great because they are ____.
a sweet
b healthy
c unhealthy
- 10 I can't eat this pizza. It's still ____!
a fresh
b frozen
c cooked
- 11 Marc's parents took him to the dentist because he had a ____.
a headache
b fever
c toothache
- 12 The children didn't take water with them and now they are all ____.
a thirsty
b hungry
c salty
- 13 Gabby didn't go to school today because she has a ____.
a cold
b hot
c tired
- 14 My brother fell off the wall. Now he has a broken ____.
a stomach ache
b leg
c fever
- 15 Does Natalia ____ a lot of sport?
a do
b go
c make
- 16 How often do you ____ your teeth?
a brush
b wash
c drink
- 17 Sammy fell off his skateboard and ____ his elbows.
a ache
b got
c hurt
- 18 Many of my classmates hate cauliflower. They think it smells ____.
a delicious
b doughnuts
c disgusting
- 19 Eggs, meat and fish have ____ to help your body grow.
a pasta
b proteins
c skin
- 20 Crisps are very ____ and that's unhealthy.
a sweet
b fizzy
c salty

(____ / 20 marks)

Grammar

Choose the correct answers.

- 1 Today in class our teacher ____ about healthy snacks.
a talking
b were talking
c was talking
- 2 Veronica and her friend ____ video games last night until ten o'clock.
a have played
b were playing
c are playing
- 3 What were you ____ yesterday morning?
a do
b doing
c done
- 4 My grandparents weren't ____ well so they stayed at home.
a feeling
b feel
c felt
- 5 It ____ raining all day yesterday so we didn't go out.
a was
b were
c is
- 6 You ____ drink six glasses of water a day. It's good for you.
a mustn't
b shouldn't
c should
- 7 Young children ____ go to the swimming pool without an adult.
a shouldn't
b should
c let's
- 8 ____ at the menu! There are lots of delicious dishes.
a Watch
b Look
c Looking
- 9 ____ the bus. You can walk to school.
a Not take
b Don't take
c Taking
- 10 ____ you eat a sandwich if you're hungry?
a Why don't
b How don't
c Don't
- 11 Mum's ____ made a cake for Lara's birthday. You don't have to buy one.
a yet
b already
c ever
- 12 These strawberries are really fresh. I've ____ picked them!
a yet
b just
c already
- 13 Shh ... the baby is sleeping. He hasn't woken up ____.
a just
b already
c yet
- 14 'Have you made your bed today?' 'No, not ____.'
a already
b yet
c just
- 15 'Has Donna been to the doctor's?' 'Yes, she's ____ been.'
a never
b already
c yet
- 16 Be careful with that knife! It's easy to cut ____.
a you
b your
c yourself
- 17 On the camping trip, the students had to do the cooking ____.
a ourselves
b themselves
c yourselves
- 18 We booked the paragliding classes ____ on the Internet.
a ourselves
b us
c themselves
- 19 Did Oscar hurt ____ when he fell over?
a herself
b myself
c himself
- 20 I want to eat healthy food and look after ____ better.
a myself
b me
c herself

(____ / 20 marks)