# 2 Escape

## 2.1 Out of your comfort zone

### Vocabulary talking about travel and adventure

1 Choose the correct word to complete each sentence.

1 There are many good reasons to _____ out of your comfort zone and try something you've never done before.
a set b (step) c march

2 After roughing _____ in a tent for several days, two nights in a hotel felt like luxury.
a out b it c ourselves

3 The idea of going on an adventure holiday doesn't _____ to me.
a attract b fancy c appeal

4 He advised me not to travel alone, but I _____ him.
a ignored b didn't notice c refused

5 They say Bali is the most _____ of the Indonesian islands.
a touristy b touristic c tourist

6 You need to be very _____ to climb K2, the world's second highest mountain.
a difficult b challenging c tough

### PRONUNCIATION *gh*

2a 2.1 Listen and complete the table with the words in the box according to their *gh* sound.

~~although~~ caught cough daughter enough laugh rough taught thorough tough

| *gh* is pronounced /f/ | *gh* is silent |
|---|---|
| | although |

b 2.1 Listen again and check, then repeat.

3 Complete the text with the correct form of the words and phrases in the box.

encounter out of season ~~remote~~ responsibilities soak up stunning wander around with your own eyes

We've just come back from a wonderful holiday in Granada in Southern Spain. We rented a cottage in a [1] *remote* little village, miles from anywhere, with [2] _____ views of the hills. It was so relaxing and fantastic to be free of work and family [3] _____ for a while. It didn't cost a fortune either, as we went [4] _____. We went on lots of walks and saw some really interesting wildlife, including golden eagles and wild cats. In fact, at one point, we had a slightly hair-raising [5] _____ with a wild boar … and ended up having to climb a tree to escape! On one of the days, we went into Granada city; we visited the famous Alhambra palace. It's totally breathtaking. I'd seen photos of it, but seeing it [6] _____ is an incredible experience. Afterwards, we spent the afternoon [7] _____ the streets in the old quarter, [8] _____ the atmosphere. I definitely want to go back there some time.





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## Grammar talking about past events

4 Complete the conversation with the correct past tense form of the verbs in brackets.

**A** I [1] *bumped* (bump) into Jo yesterday. She [2] _____ (just/come) back from a trip to Brazil.
**B** Really? What [3] _____ (she/do) in Brazil?
**A** She [4] _____ (go) over there on a research trip as part of her PhD. She and a team of scientists [5] _____ (look) for new species in the Amazon river.
**B** Interesting. How [6] _____ (it/go)?
**A** Very well, I think. Apparently, they [7] _____ (discover) a new species: vegetarian piranha.
**B** How amazing!
**A** Yes, she was very proud. She [8] _____ (show) me some photos that she [9] _____ (take).

5 Choose the correct options to complete the article.

# Ben Saunders

### *World record-breaking polar explorer*

Imagine the cold. Minus 50 degrees Centigrade. Cold enough to freeze boiling water instantly. Picture the ground – icy, uneven, slippery, full of cracks. Then imagine having 1,795 miles to walk, knowing that this journey has never been completed successfully on foot and has killed everyone who has tried ...

This is the challenge that [1] *faced / had faced* British polar explorer Ben Saunders and his companion Tarka L'Herpiniere as they [2] *set off / had set off* in October 2013, from the coast of Antarctica to the South Pole and back, to complete the journey that the famous British explorer Captain Robert Falcon Scott had attempted a century earlier, but which unfortunately [3] *was costing / had cost* him his life. Captain Scott and his team had walked for six months before they [4] *reached / had reached* the South Pole, only to discover that a Norwegian party, led by Roald Amundsen, [5] *got / had got* there first. All Scott's team died as they [6] *returned / were returning* home.

A hundred years later, it [7] *took / was taking* Saunders and L'Herpiniere 105 days to make the journey, and in doing so they [8] *broke / were breaking* the record for the longest human-powered polar journey in history. Their achievement is extraordinary when you consider that throughout the journey they [9] *dragged / were dragging* 200 kg of food and equipment and they [10] *used / were using* skis.

Although he is best known for the South Pole expedition, Saunders [11] *already broke / had already broken* a record ten years earlier when he [12] *became / was becoming* the youngest person, at the age of twenty-three, to reach the North Pole alone and on foot.

6 Combine the pairs of sentences using the correct form of the verbs and the time expressions in bold. Do not change the order of the sentences.

1 I (swim) in the sea. I (get) stung by a jellyfish. **while**
*While I was swimming in the sea, I got stung by a jellyfish.*
2 I (not experienced) extreme cold temperatures. I (go) to Siberia. **until**
_____
_____
3 The plane's engine (make) a strange noise. It (take) off. **as**
_____
_____
4 We (never go) to Italy. We (go) to Naples last year. **before**
_____
_____
5 She (meet) her fiancé. They (train) to climb Everest. **while**
_____
_____
6 The storm (start). The ferry (leave) the port. **not long after**
_____
_____
7 I (taste) some wonderful food. I (travel) in India. **when**
_____
_____



| I can ... | Very well | Quite well | More practice |
|---|---|---|---|
| talk about travel and adventure. | ○ | ○ | ○ |
| talk about past events. | ○ | ○ | ○ |



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