

INSPIRED TOTS EARLY LEARNING CENTER

SECOND TERM EXAMINATION, 2025.

NAME: \_\_\_\_\_ DATE: \_\_\_\_\_

Agricultural Science

2nd Grade

Section A

Objective questions

1. What are fats?

a. people who are fat    b. people who eat a lot    c. food that gives your body extra energy

2. \_\_\_\_\_ are chemical compounds in food that are used by the body to function properly and maintain good health.

a. nutrients    b. properties    c. agriculture

3. \_\_\_\_\_ and \_\_\_\_\_ are energy giving foods.

a. vitamins, minerals    b. water, minerals    c. carbohydrates, fats and oil

4. All of these are examples of fats and oil except

a. butter    b. coconut    c. apple

## FOOD AND NUTRIENTS

1. CHOOSE THE CORRECT NUTRIENT FOR EACH FOOD.



2. MATCH THE NUTRIENT TO THEIR FUNCTION.

|                        |                                         |
|------------------------|-----------------------------------------|
| Vitamines and Minerals | Build and repair the body               |
| Proteins               | Keep body healthy and fight diseases    |
| Water                  | Store energy in body                    |
| Fats                   | Energy giving food                      |
| Carbohydrates          | Keeps body clean and helps in digestion |

6. We get important vitamins and minerals from making healthy food choices.

a. true    b. false    c. none of the above

7. Food can be eaten \_\_\_\_\_ or \_\_\_\_\_.

8. Give 2 food sources for

Vitamins    \_\_\_\_\_

Fats    \_\_\_\_\_

Minerals    \_\_\_\_\_

Proteins    \_\_\_\_\_

9. A bowl of rice is a good source of \_\_\_\_\_

a. mineral    b. water    c. carbohydrates

10. A food without equal amounts of all the food nutrients needed for good health is called a. Balanced diets    b. unbalanced foods    c. unbalanced diets

11. The food that has all the food nutrients in equal amounts is called a

a. balanced diets    b. balanced foods    c. unbalanced diets

12. \_\_\_\_\_ is also known as protein malnutrition.

a. rickets    b. goitre    c. kwashiorkor

13. \_\_\_\_\_ is the softening and weakening of bones in children due to lack of vitamin D.

- a. rickets      b. goitre      c. kwashiorkor

14. Unbalanced diet affects \_\_\_\_\_.

- a. promotion      b. growth      c. examination

15. Why do we need to eat a balanced diet?

- a. to give us energy      b. to help us grow      c. all of the above

16. Why are fruits and vegetables important?

- a. they give you energy      b. they provide you with a wide variety of vitamins, minerals and nutrients      c. they are colourful

17. What can a balanced diet help prevent?

- a. illness      b. growth      c. malnutrition

18. We have \_\_\_\_\_ classes of food.

- a. 10      b. 3      c. 6

19. Malnutrition is caused by \_\_\_\_\_ feeding.

- a. good      b. any      c. bad

20. Grain crops give \_\_\_\_\_.

- a. protein      b. carbohydrate      c. fats and oil

21. Pap is made from \_\_\_\_\_.

- a. meat      b. fruits      c. grains

22. \_\_\_\_\_ is the most important nutrient that moves nutrients and wastes in your body?

- a. tomato      b. water      c. milk

23. \_\_\_\_\_ is an example of grain crops

- a. tomatoes      b. rice      c. yam

24. Give four examples of grain crops.

- a. \_\_\_\_\_      b. \_\_\_\_\_  
c. \_\_\_\_\_      d. \_\_\_\_\_

25. Write two uses of grain crops

- i. \_\_\_\_\_  
ii. \_\_\_\_\_

## Needs of Plants

Look at the needs-of-plants pictures and write their names on the lines given.

