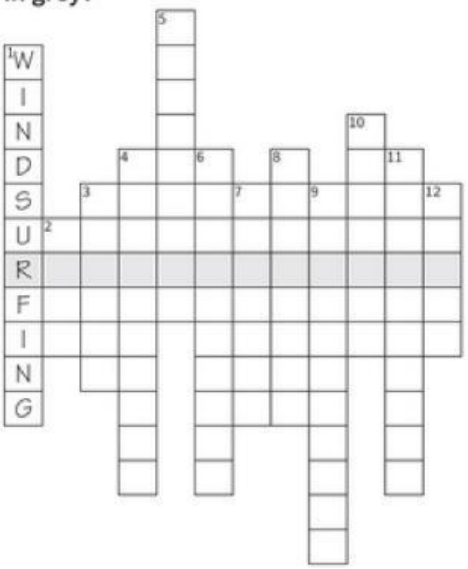
6 SPORT FOR LIFE

VOCABULARY

Sports

1 ☆ **Complete the word puzzle. Use the pictures (1–12). What is the mystery word in grey?**





2 ☆☆ **Complete the rules with *play*, *do* or *go*.**

We usually use [1] _____ with sports that end in *-ing*.

We usually use [2] _____ with ball sports.

We usually use [3] _____ with other sports.

3 ☆☆ **Circle the correct options.**

I like doing sport. At school, we do [1]*running* / *athletics* and I like that. Sometimes at the weekend I go [2]*swimming* / *yoga* with my brother. He does [3]*gymnastics* / *rugby* at an after-school club and goes [4]*running* / *table tennis* twice a week. I don't really like team sports, but in the holidays I sometimes play [5]*sailing* / *volleyball* with my friends on the beach. And I love going [6]*yoga* / *rock climbing* with my dad in the mountains.

4 ☆☆☆ **Answer the questions.**

1 What are your favourite sports?

2 Do you do sports at school? Which sports?

Explore it!



Guess the correct answer.

Which sport comes from Canada?

a ice hockey b table tennis c rugby

Find an interesting fact about sport in your country. Then send a question in an email to a classmate or ask them it in the next class.

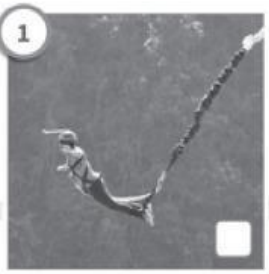


LIVEWORKSHEETS

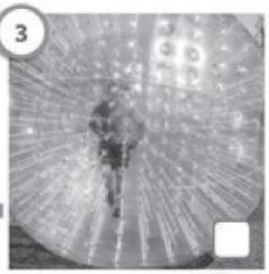
READING

Online FAQs

1 ☆ **Read the article. What sport is it about? Tick (✓) the correct photo (1–3).**







FUN IN THE SUN!

Are you looking for a new sport? Do you want to try something more exciting? In New Zealand we've got the answer – try zorbing! It's new and it's different!

FAQs

Q1:
What is Zorbing?

Zorbing is a fun outdoor sport. It's more popular here in New Zealand than in other countries.

Q2: _____

You need a large plastic ball. This is called a zorb. You get inside the ball and run or walk. When you move, the ball moves, too! You know where you're going and how you're moving because you can see through the ball. Lots of people love going down a hill in their zorb. It's exciting!

Q3: _____

No, it's an individual sport. You get inside the zorb on your own, but it's good fun to go with family or friends because you can have races – sometimes children are faster than their parents!

Q4: _____

Yes, it is, but always do it in a zorbing centre and follow the rules. Have fun, but be careful – don't get hurt!

Q5: _____

Yes. To go zorbing, you usually need to be six years old or older.

Q6: _____

There are zorbing centres in many places on the South Island. Click here for a list of centres.

Q7: _____

Yes, it's more expensive than other traditional sports, but it's a great activity for special days. So, are you ready for zorbing? What are you waiting for!

2 ☆☆ **Read the article again. Complete it with the missing questions.**

a Is there an age limit?
b Is it a team sport?
c What do you do?
d ~~What is zorbing~~?
e Where can I do it?
f Is it expensive?
g Is it safe?

3 ☆☆ **Read the article again and underline these words. Then check their meaning in a dictionary and complete the sentences.**

get hurt hill race ~~safe~~ try

1 Be careful! Going out alone at night isn't *safe*.
2 The Spartathlon is a _____ in Greece. People run 246 kilometres!
3 I live at the top of a _____. Walking down to school is easy!
4 I love tennis, but this year I want to _____ a new sport.
5 Careful there! You can fall and _____!

4 ☆☆☆ **Answer the questions.**

1 Do you want to try zorbing? Why / Why not?

2 What fun outdoor sports are popular in your country?

LIVEWORKSHEETS