

Name:

Class:



## UNIT 1: FAMILY LIFE



### • Bài đọc

Family life is one of the most important aspects of a person's growth and development. It provides love, support, and guidance, shaping the way individuals interact with the world. A strong family bond helps create a sense of security and belonging, making it easier to handle life's challenges. Families teach important values such as respect, kindness, and responsibility. Parents and older siblings serve as role models, showing younger members how to communicate, solve problems, and make good decisions. Daily responsibilities like doing chores or helping younger siblings prepare individuals for adulthood by teaching cooperation and teamwork. Although family life can be rewarding, it is not always perfect. Conflicts can arise due to differences in opinions, responsibilities, or personal choices. However, learning to resolve disagreements with patience and understanding strengthens relationships. Good communication is key to maintaining harmony and ensuring that all family members feel heard and respected. In today's fast-paced world, families often struggle to find quality time together. Work, school, and other activities can make it difficult to connect. However, simple activities such as eating meals together, sharing stories, or playing games can strengthen family bonds. Ultimately, family life provides the foundation for emotional and social growth. By appreciating and maintaining strong family relationships, individuals build a supportive environment that contributes to their happiness and success.

### EX 1: matching words with definition

| Words          | Definitions                                         |
|----------------|-----------------------------------------------------|
| Bond           | A strong connection or relationship between people. |
| Responsibility | A duty or task that someone is expected to do.      |
| Conflict       | A disagreement or struggle between individuals.     |
| Communication  | The exchange of thoughts, ideas, or information.    |
| Harmony        | A state of peace, balance, and agreement.           |

### EX 2: True/ False

- Family life helps individuals develop a sense of security and belonging.
- Parents and older siblings have no influence on younger family members.
- Conflict in a family should always be avoided to maintain a strong bond.
- Spending quality time together, such as sharing meals and playing games, strengthens family relationships.
- Good communication is important for maintaining harmony in a family.

### EX 3: Multiple choice

- What is one of the most important aspects of a person's growth and development?
  - Earning money
  - Family life
  - Travelling to different countries
  - Watching television
- What values do families help teach?
  - Respect, kindness, and responsibility
  - Laziness and dishonesty
  - Independence from others
  - The importance of competition
- How can family members strengthen their bond?
  - Avoiding each other as much as possible
  - Spending quality time together, like eating meals and sharing stories
  - Competing against one another in everything
  - Arguing to prove their opinions are correct
- Why is good communication important in family life?
  - It helps family members feel heard and respected
  - It allows people to ignore each other's opinions
  - It prevents family members from working together
  - It is only useful in the workplace
- What can conflicts in a family teach?
  - How to solve disagreements with patience and understanding
  - That families should never disagree
  - That winning an argument is more important than compromise
  - That avoiding conversations is the best solution