TIẾNG ANH 9 – FRIENDS PLUS
UNIT 4 – PRACTICE TEST 1

I. PRONUNCIATION

Question 1. Which word has the underlined part pronounced differently from that of the others?

A. surprise **B.** result **C.** study **D.** adult

Question 2. Which word has the underlined part pronounced differently from that of the others?

A. shy **B.** early **C.** system **D.** energy

Question 3. Which word has a different stress pattern from that of the others?

A. orca **B.** neuron **C.** angry **D.** embrace

Question 4. Which word has a different stress pattern from that of the others?

A. annoyance **B.** sympathy **C.** embarrass **D.** emotion

II. Choose the answer (A, B, C or D) that best fits the space in each question.

Question 5. Those who are afraid _____ heights are not allowed to attend this challenge.

A. at **B.** to **C.** of **D.** for

Question 6. Mandy was delighted to see how quickly her new dog _____ well with the family's cat, making them inseparable companions.

A. got on **B.** found out **C.** cheered up **D.** shouted at

Question 7. The doctor explained that electrical _____ are transmitted to the brain once receptors in our body receive information.

A. cells **B.** neurons **C.** impulses **D.** synapses

Question 8. During the experiment, the scientists carefully _____ the behavior of the dolphins in their natural habitat to better understand their social interactions.

A. protected **B.** bothered **C.** observed **D.** discovered

Question 9. Sam is in the kitchen, and he opens the fridge.

Sam: "The smell of the milk in the fridge is _____. I think it has gone off."

Mom: "Really? I'll throw it away."

A. boring **B.** relaxing **C.** surprising **D.** disgusting

Question 10. It is _____ annoying that other classmates keep teasing me when I do academically well.

A. hardly **B.** mainly **C.** slightly **D.** usually

Question 11. Look at the storm clouds gathering in the sky, it _____ rain soon.

A. must **B.** may **C.** might **D.** can

Question 12. My father _____ swim very well when he was young.

A. can **B.** could **C.** would **D.** was able to

Question 13. Bob wants to ask his dad for help.

Bob: "Mom, can I ask Dad this maths puzzle. It's too difficult!"

Mom: "Oh, Bob, I don't think you _____ distract him. He's concentrating."

A. will **B.** should **C.** must **D.** have to

Question 14. Josh looks a bit upset because he hasn't been chosen as the school's swimming team member.

Josh: "I didn't get into the swimming team, not even the reserves."

Brad: "_____"

A. I don't think that's a good point. **B.** Don't say that again!

C. How could you say something like that? **D.** I'm sorry to hear that.

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III. Look at each sign or notice. Choose the best answer (A, B, C or D) that matches its meaning.

Question 15. What does the sign mean?

A. Whale zone. Do not disturb!
B. Go fishing here!
C. Bird-watching spot!
D. Picnic area! Leave your litter here.

Question 16. What does the notice say?

A. The workshop is going to be held in early August.
B. The workshop lasts for three hours.
C. The workshop takes place every Monday.
D. The workshop is hosted by a famous doctor.

IV. Choose the word (A, B, C or D) that best fits each blank space in the following passage.

Stress is often believed to cause serious harm to our physical and mental well-being. But, do all types of stress badly affect our health? According to researchers from Yale University, those who look on the (17) _____ side of stress enjoy better health, greater life satisfaction, and superior work performance over those who regard stress as a (18) _____ of negative emotions. Their findings suggest that, during stress, the body releases (19) _____ adrenalin and cortisol. These hormones have been given a bad rap for making us "sick". However, stress can enhance immunity and create mental toughness although chronic exposure to the hormones can take a (20) _____ on our immune system, making us feel flat and (21) _____ out.

Stress is inevitable, but its effects are not. What we need to do is focus (22) _____ making meaning out of it. For example, if children are stressed about an exam, parents can use it as an opportunity to encourage positive and equally true statements. They can say, "Show your skills, and see how well you can concentrate when you put your mind to it."

(Adapted from *The Benefits of Stress* by Melbourne Child Psychology & School Psychology Services)

Question 17. Choose the correct answer.

A. dim **B.** bright **C.** smart **D.** white

Question 18. Choose the correct answer.

A. suit **B.** source **C.** search **D.** surge

Question 19. Choose the correct answer.

A. either **B.** only **C.** both **D.** nor

Question 20. Choose the correct answer.

A. toll **B.** pain **C.** brain **D.** pale

Question 21. Choose the correct answer.

A. worn **B.** turned **C.** made **D.** calmed

Question 22. Choose the correct answer.

A. at **B.** in **C.** on **D.** for

V. Read the following and do as directed.

Research on animal behavior has increasingly revealed the depth of emotions and cognitive abilities present in various species. Contrary to earlier views that animals only reacted instinctively to stimuli, modern studies suggest that they possess complex inner lives that involve thoughts and feelings similar to those of humans.

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To challenge the preconception, primatologist Dr. Jane Goodall carried out research on free-living chimpanzees in Africa. They laugh when they play and cry when they grieve. They experience and express joy, sadness, fear, and even playfulness. For example, Goodall documented many instances where chimpanzee mothers comforted their young by embracing and grooming when they were frightened. Another example indicating a level of empathy and emotional understanding is her observation of social interactions among adult chimps. She noted that after conflicts or stressful incidents, adult chimps would engage in behaviors such as embracing, grooming or sitting closely together, which served as reconciliation. Therefore, touching and grooming are vital to maintaining stable relationships and keeping the peace within the community group. Conversely, chimpanzees deprived of normal living environments and social interaction often **succumb to** depression and other emotional illnesses, from which many never fully recover. As intelligent social animals, they suffer intensely from isolation.

By and large, Jane Goodall's observations have highlighted the importance of recognizing and respecting the emotional lives of chimpanzees and other non-human animals. Her work continues to inspire studies on animal behavior, conservation efforts, and our ethical considerations towards animals.

a. Decide whether the following sentences are True or False:

Question 23. It was believed that only humans have thoughts and feelings.

A. True **B.** False

Question 24. Jane Goodall collected data through observations of chimpanzees in their natural habitat.

A. True **B.** False

Question 25. Chimpanzee mothers took no notice of her frightened offsprings.

A. True **B.** False

Question 26. Touching and grooming play an important role in maintaining cooperation chimpanzees.

A. True **B.** False

b. Choose the correct answer to each question:

Question 27. What aspect of animal behavior does the author discuss in the passage?

A. Toolmaking **B.** Cognitive abilities **C.** Emotional expressions **D.** Conflicts among species

Question 28. What is the phrase "succumb to" closest in meaning to?

A. suffer from **B.** slow down **C.** speed up **D.** work out

VI. Supply the correct form of the word given in each sentence.

Question 29. Much **to her** _____, Tina realized that everyone in the room had heard her sing an aria. **(EMBARRASS)**

Question 30. To make sure that you take the correct dosage, you must strictly follow the _____ on the medicine bottle. **(INSTRUCT)**

Question 31. When Max told me how annoying it was to be tracked by parental controls, I really _____ with him. **(SYMPATHY)**

Question 32. Having been abandoned, the puppy seemed _____ and searched the streets for its owner. **(HEART)**

Question 33. Differing from robots which _____ execute programmed tasks without hesitation, animals have thoughts and feelings. **(MACHINE)**

Question 34. Music has a _____ value for treating mental health issues, including depression. **(THERAPY)**

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VII. Look at the entry of the word "pain" in a dictionary. Use what you can get from the entry to complete the sentences with TWO or THREE words.

pain *noun*

A2

/peɪn/

/peɪn/

★ A2 [uncountable, countable] the feelings that you have in your body when you have been hurt or when you are ill

- *a cry of pain*
- **in pain** *She was clearly in a lot of pain.*
- *He screamed in pain as he fell to his knees.*
- **pain in something** *He felt a sharp pain in his knee.*
- *chronic/acute/severe pain*
- *patients suffering from back pain*
- ***stomach/chest/abdominal/back pains***
- *You get more **aches and pains** as you get older.*
- *The booklet contains information on **pain relief** during labour.*
- *This cream should help to **relieve the pain**.*

Question 35. I felt a sharp _____ my foot when I stepped on a pin.

Question 36. The doctor prescribed some medication to _____ from my injury.

VIII. Rewrite each of the following sentences in another way so that it means almost the same as the sentence printed before it.

Question 37. I'm sure you are surprised at your exam results. **(MUST)**

→ You _____

Question 38. You must slow down in school zones. **(ALLOWED)**

→ You _____up in school zones.

Question 39. It's a good idea to reduce the volume when you hear music from your headphones. **(TURN)**

→You ought _____ when you hear music from your headphones.

Question 40. It's not necessary for Pete to wear a suit to an informal gathering. **(PUT)**

→ Pete doesn't _____ a suit to an informal gathering.

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