HOW TO BE A HYGIENE HERO!

Wash your and brush your teeth. _____ are tiny living things which can make us _____ if they get inside us. Our hands _____ lots of things which have germs on them, but we can't see the germs. Fortunately, we can wash away the germs with _____ and water. Always wash your hands before you _____ and after you use the toilet. Here's a tip. Sing the alphabet song as you wash your hands. By the end, your hands will be _____. Let's try it. A, b, c, d, e, f, g, h, i, j, k, l, m, n, o, p, q, r, s, t, u, v, w, x, y, and z. Now I sung my ABCs. Next time won't you sing with me? Looking after your teeth is another way to stay _____. When should you brush your teeth? Write some _____.

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