

Listening

Listen to the recording and complete the text with the missing words.

It was the Polynesians who (1) _____ on the greatest voyages by sea when they (2) _____ up on some of the remotest islands on the planet. These were sailors used to island hopping, (3) _____ over for a while before carrying on. But around 1200 BCE, the Lapita (4) _____ off on a journey east. Some settled down in the Santa Cruz Islands, but others (5) _____ for new undiscovered islands. They (6) _____ it as far as Tonga, where they stayed for a few hundred years. Eventually, the Polynesians (7) _____ the Cook Islands; navigators used a combination of 'wayfinding' skills to (8) _____ across the ocean.

Much of the Pacific was within their reach in their fast canoes. If they needed to (9) _____ back, they could just let the wind bring them home to safety.

