

Use the Present Perfect Simple or the Present Perfect Continuous to speak about states or actions up to now with *for*, *since*, or *How long*.

Olivia and Daniel

Olivia: How long (1) _____ you _____ (to live) in Spain?

Daniel: I (2) _____ (to live) here since 2020.

Olivia: That's amazing! (3) _____ you _____ (to be) to many places?

Daniel: Yes! I (4) _____ (to explore) different cities for the last two years, and there's still so much to see!

Olivia: I bet! I (5) _____ (to think) about moving abroad for a long time.

Emma and James

Emma: Hey, James! I (6) _____ (not, to see) you since last summer! How (7) _____ you _____ (to be)?

James: Hey, Emma! I (8) _____ (to be) great. I (9) _____ (to work) at a new company for the past three months.

Emma: Really? What do you do?

James: I'm a graphic designer. I (10) _____ (to design) websites for different companies since I started.

Emma: That sounds exciting! I (11) _____ (to look) for a new job for a while now.

James: Oh, really? What kind of job are you looking for?

Lily and Ryan

Lily: Your dog is so cute! How long (12) _____ you _____ (to have) him?

Ryan: I (13) _____ (to have) him since last Christmas.

Lily: (14) _____ you _____ (to train) him?

Ryan: Yes! I (15) _____ (to teach) him tricks for a few months now. He can sit and shake hands!

Lily: That's amazing! I (16) _____ (to want) a dog for years, but my parents won't let me get one.

Ryan: Keep asking! I asked for almost a year before they finally agreed.

Rachel and Mike

Rachel: I (17) _____ (not, to see) you since high school! How (18) _____ you _____ (to be)?

Mike: I (19) _____ (to do) great! I (20) _____ (to work) as a teacher for three years now.

Rachel: That's amazing! Do you enjoy it?

Mike: Yes, I (21) _____ (to love) teaching since I started. It's so rewarding!

Rachel: I bet! I (22) _____ (to think) about changing my job for a while, too.

Mike: You should! I (23) _____ (to know) you for years, and I think you'd be great at it.