stop one action to do another one   finish an action

remember or forget an action in the past   remember or forget to do something you need to do

feel sorry for doing something in the past   be sorry about what the person is going to do next

make an effort to do something difficult   try something as an experiment or do something in order to solve a problem

see, hear etc. an action in progress   see, hear etc. the whole action

Verbs followed by both gerund and infinitive with a difference in meaning		
	+ gerund	**+ infinitive with to**
STOP	• [blank] e.g.: He *stopped smoking* and returned to the flat. (I finished smoking and returned back to the flat.)	• [blank] • to express purpose: e.g.: When he arrived at the station, he *stopped to smoke*. (He stopped in order to smoke.)
REMEMBER FORGET	• [blank] (past memory): e.g.: I *remember visiting* the zoo when I was ten. (I remember how I visited the zoo when I was ten years old.) e.g.: I'll never *forget meeting* her for the first time. (I'll never forget how I met her for the first time.)	• [blank] e.g.: *Remember to buy* milk on your way home. (Remember that you need to buy milk on your way home today.) e.g.: Don't *forget to phone* Alice in the evening. (You should phone Alice in the evening.)
REGRET	• [blank] e.g.: I *regret telling* her that. Now she is not talking to me. (I am sorry that I've told her that.)	• [blank] e.g.: I *regret to tell* you that your credit card is blocked. (I am sorry that I have to inform you about it.)
TRY	• [blank] (**a method** of achieving the aim): e.g.: I have a headache. – *Try taking* some painkillers. Why don't you *try adding* more sugar to your coffee?	• [blank] e.g.: She *tried to lose* weight for the summer, but the diet wasn't effective.
	+ object + gerund	**+ object + bare infinitive**
SEE WATCH HEAR NOTICE SMELL (verbs of perception)	• [blank] (a part of an action): e.g.: I *heard* him *singing* in the bathroom when I arrived home.	• [blank] (from the beginning to the end): e.g.: I *heard* her *sing* beautiful cover versions of three of my favourite songs at the concert yesterday.