

Content Connection | Science

I will learn about muscles and bones in the body.

42
13

Look and listen. Say the numbers.

13

26

27

34

70

43
14

Listen and read.
Write the numbers.

CONTENT WORDS

bone jump kick move muscle throw



Playing is fun. When we move, we use our bones and muscles. Bones and muscles help us play.

We throw with our hands. Our hands have many bones. One hand has _____ bones.



We kick with our feet. Our feet have many bones, too. One foot has _____ bones.

When we throw a ball, we use _____ muscles.
When we kick a ball, we use _____ muscles.

When we jump, we use more than _____ muscles.

We need to take good care of our bones and muscles.



15

Look at 14. Read and match.

1 Bones and muscles

2 Our feet

3 When we throw a ball, we

4 When we jump, we

a use more than 70 muscles.

b help us play.

c have a lot of bones.

d use our hands.

THINK
BIG

Which activities use our muscles the most?

dancing using a computer watching movies
playing basketball riding a bike