

D Соедините две части предложения.

| | | |
|---------------------------------|-------|-----------------------------------|
| 1 She has been coughing | _____ | a and would like to be slimmer. |
| 2 My dad says he is planning | _____ | b had to go to the hospital. |
| 3 Caroline weighs 75 kilograms | _____ | c and sneezing all day long. |
| 4 I wish my favourite drinks | _____ | d because I was feeling ill. |
| 5 If you broke your arm, | _____ | e didn't contain so much sugar. |
| 6 Phil burned his hand and | _____ | f to join a gym this week. |
| 7 A healthy diet should include | _____ | g plenty of fruit and vegetables. |
| 8 She insisted I see a doctor | _____ | h it would really hurt. |

Phrases**E** Обведите правильный вариант ответа.

1 I wish we could **have** / **make** a rest for a while.

2 Mum **took** / **made** my temperature to see if I was running a fever.

3 I go to the dentist twice **in** / **a** year.

4 Chris hasn't **had** / **made** a shower yet.

5 I soon started to **burn** / **lose** weight after I joined the gym.

6 The doctor dealt **in** / **with** the situation quickly and quietly.

7 He broke his leg **as** / **because** a result of the accident.

8 Jason goes swimming **once** / **one time** a week.

F Заполните пропуски словами. Первые буквы слов даны.

1 It isn't easy for Helen to **d**_____ with having three kids who are ill at the same time.

2 I'm very hot so I think I'll **t**_____ a cold shower.

3 We run for about half an hour and then have a **r**_____ for a few minutes.

4 My dad says he's getting fat and needs to lose some **w**_____.

5 Put the thermometer in your mouth and we'll take your **t**_____.

6 Dave had flu and as a **r**_____ missed a week of school.

7 Take one of these pills **t**_____ a day for a week.

Adjectives and adverbs

G Заполните пропуски словами. Первые буквы слов даны.

- I don't **n**worry about my weight but maybe I need to lose a few kilograms.
- Stop turning round and round Tommy! You'll get **d**!
- Pam takes good care of her teeth and always buys **s** chewing gum.
- Dad has **r** medical check-ups because he has a problem with his heart.
- I'm **g** a very healthy person although I sometimes get a cold in winter.
- My brother goes jogging every day and is very **f**.
- For **h** teeth, visit your dentist regularly.

Word formation

H Заполните пропуски, преобразуя выделенные слова так, чтобы они лексически и грамматически соответствовали смыслу предложений.

| | |
|---|----------------|
| 1 These exercises will _____ both your arms and your legs. | STRONG |
| 2 He smokes and doesn't do any exercise – he's very _____ . | HEALTH |
| 3 You will find the sugar in a blue _____ in the cupboard. | CONTAIN |
| 4 Paula's _____ is normal for her age. | HIGH |
| 5 Test results have shown a slight _____ . | IMPROVE |
| 6 To increase your _____ you will need to exercise more. | FIT |
| 7 This is an illness _____ associated with tropical countries. | NORMAL |

I Заполните пропуски, преобразуя слова так, чтобы они лексически и грамматически соответствовали смыслу текста.

Are you worried about what you eat? Many people aren't sure about what to do to have a (1) **_____** diet. The first thing you should remember is that it (2) **_____** isn't as hard to do as you might think. If you want to eat (3) **_____**, then I would (4) **_____** advise you to eat mainly vegetables and not a lot of meat. If you eat lots of vegetables, you will feel more (5) **_____**. Another good thing is that it will help you to lose (6) **_____**. It's also very important to look at the (7) **_____** of any tinned foods you eat. You should always check that they are low in sugar and fat. If you follow this simple advice, you will soon see an (8) **_____** in the way you look and feel.

| |
|----------------|
| BALANCE |
| GENERAL |
| HEALTHY |
| STRONG |
| ENERGY |
| WEIGH |
| CONTAIN |
| IMPROVE |

Units 31, 32 and 33 Review 11

A Прочитайте приведённый ниже текст. Преобразуйте слова, напечатанные заглавными буквами в конце строк, так, чтобы они грамматически и лексически соответствовали содержанию текста. Заполните пропуски полученными словами.

1 Ilya Mechnikov was a Russian biologist who believed that some foods would _____ our immune system. **STRONG**

2 The immune system is the system in our body which keeps us _____. **HEALTH**

3 He thought that some foods could make an _____ to the quality of life because they stop people from getting old. **IMPROVE**

4 His ideas about food and _____ led to the marketing of kefir and other milk-based drinks. **FIT**

5 As a child, Mechnikov gave talks to other young children. The _____ of his talks were about biology and natural history. **CONTAIN**

6 He went to Kharkiv University to study Natural Sciences. A degree course there _____ lasted four years, but Mechnikov completed it in only two years. **NORMAL**

7 Mechnikov is _____ considered to be one of the most important scientists of his generation. He received the Nobel prize for Medicine in 1908. **GENERAL**

(по 1 баллу за каждый правильный ответ)

B Обведите правильный вариант ответа.

8 If you **join** / **exercise** a gym class, you'll feel a lot fitter.
9 If I were you, I'd eat a more **double helping** / **balanced diet**. Eating junk food is unhealthy.
10 Mike was **insisting** / **coughing** a lot, so his mum called the doctor.
11 After spending hours in the hot sun, Tamara felt **dizzy** / **fit** and had to sit down.
12 Would your parents **allow** / **plan** you to go to the concert if you asked them?
13 If I still have a **fever** / **fault** tomorrow, I won't come to the school dance.
14 If you touch that plant, you'll get covered in **miracles** / **spots**. Be careful!
15 A good **amount** / **way** to get fit is to go jogging with a friend.

(по 1 баллу за каждый правильный ответ)

C Впишите по одному слову в каждый пропуск.

16 If I had a problem at school, I would deal _____ it immediately!
17 If you're feeling dizzy, lie _____ until you feel well again.
18 Nick would have _____ rest if he was tired.
19 After the training, I always _____ a shower!
20 Natasha goes horse-riding twice _____ week.
21 The little boy was ill and the doctor _____ his temperature.
22 Feodor stayed _____ late last night.
23 The little girl ate too much chocolate, and she felt sick _____. a result.

(по 1 баллу за каждый правильный ответ)

D Обведите правильный вариант ответа.

24 **If only / Unless** I could help you more!

25 You wouldn't have health problems **if / if only** you listened to your doctor.

26 Unless you **exercise / exercised** more, you won't win the race.

27 Nigel wishes he **would / could** ice-skate faster.

28 If you **fall / fell** off the tree, you'll get hurt.

29 I wish you **don't / wouldn't** borrow my MP3 player without asking me!

30 Your parents **will / would** allow you to join the gym if they had enough money.

31 What would you do if you **want / wanted** to lose some weight?

(по 1 баллу за каждый правильный ответ)

E Обведите правильный вариант ответа.

32 If Neil **drinks / will drink / drank** too many fizzy drinks, he will put on weight.

33 Susan won't be able to get up early tomorrow **if / unless / if only** she goes to bed early.

34 If only I **would / can / could** be a better tennis player!

35 Sometimes I wish I **would be / were / am** taller and faster!

36 Kevin would be much healthier if he **drank / would drink / drinks** sugar-free drinks.

37 If I **would be / am / were** you, I would follow the doctor's advice!

38 **If only / Unless / If** the baby coughs a lot, give her a bit of the medicine.

39 You won't get well unless you **follow / will follow / would follow** your doctor's medical advice.

40 Tamara **won't be / wouldn't be / weren't** so fit if she didn't have a balanced diet.

41 Nicolai wishes he **can / would / could** improve his fitness.

(по 1 баллу за каждый правильный ответ)

F Заполните пропуски, используя глаголы в соответствующей форме.

Dear Unhappy,

Many young people face the same problems as you do. If you (42) _____ (want) to lose some weight, you should follow a balanced diet and eat lots of fruit and vegetables as snacks. You shouldn't go on a strict diet unless your doctor (43) _____ (tell) you to do it. Also, you (44) _____ (see) great improvement in your fitness level and your skin if you drink enough water. But I (45) _____ (avoid) drinking fizzy drinks if I (46) _____ (be) you because they contain a lot of sugar. If you (47) _____ (enjoy) exercising, you can try joining a sports club and doing aerobics. The best way for you to get fit (48) _____ (be) to do it with friends if they also like sports. But also remember: your friends and family (49) _____ (not/love) you less if you looked different!

So if I were you, I (50) _____ (not/worry) too much about my weight and appearance!

(по 1 баллу за каждый правильный ответ)

Итоговый балл: ____/50