



A DAY IN THE LIFE ...

Breakfast, work, home, dinner: we all know the typical daily routine of people all over the world. But it's the little differences in our lives that make those routines interesting.



Today, we continue our series about daily life around the world with the Chopra family in India. One in six people in the world lives in India. Many of them live in big modern cities, but over 263 million of them – including the Chopras – work on farms across the country.

Garjan Chopra is a farmer in a small village near Delhi. He lives with his wife, Anjali, his children and grandchildren. They work in the fields every day. Garjan and Anjali get up every morning at 4:00 am. They work in the fields from 7:00 am to 6:00 pm. At 9:00 am they always stop work for breakfast. They don't have their breakfast together because in their culture men and women don't usually eat together. They stop work for a rest at midday when the sun is very strong. In the afternoon, their grandchildren usually help them. In the evening, the family never eats together. First, the men and children have dinner, then the women of the family eat together in the kitchen. They often go to bed at around 9:00 pm, ready for another busy day on the farm.



Garjan Chopra and his wife Anjali

1 READING

a Look at the pictures and answer the questions.

- Where do they work – in the city or the countryside?
- What job do the people do?
- Is their work easy or hard?

b Read the text. Are your ideas in 1a correct?

c Read the text again. Are the sentences true or false? Correct the false sentences.

- Garjan and Anjali get up early and immediately have breakfast.
- They work for about 11 hours a day.
- They work without a break all day.
- Their grandchildren usually help them in the mornings before school.
- The children in the family don't eat with their mothers.

2 GRAMMAR Position of adverbs of frequency

a Look at this sentence from the text. The adverb of frequency is always.
At 9:00 am they always stop work for breakfast.

Underline more adverbs of frequency in the text.

b Put the adverbs of frequency in the correct place on the time line.

