



Task

You are going to listen to the music of Rocky and think about the ways music can be used to portray a key theme or idea within a movie.

You will learn to play a part of the theme on a classroom instrument, using appropriate fingering and technique.

Key skills

Listening and responding to music.

Teamwork – discussing musical features in pairs & as a class

Performance skills and appropriate technique

The movie Rocky is about a struggling, unknown boxer named Rocky Balboa who gets a chance to fight the heavyweight champion, Apollo Creed. Through hard work and determination, Rocky proves that he's more than just an underdog, showing that with grit and heart, anyone can fight for their dreams.

The main theme of the Rocky movie is about overcoming obstacles and never giving up, no matter how tough life gets. It's about believing in yourself, working hard, and fighting for your dreams, even when the odds are against you. The movie shows how determination, courage, and perseverance can lead to success, both inside and outside the boxing ring.

- Watch the movie montage featuring this iconic music
- Watch an orchestra play the theme

In pairs, discuss and write down how the composer, Bill Conti use the music to portray Rocky's journey from being a nobody to becoming a champion; about overcoming challenges & winning?

- Watch a clip of the composer talking about creating the Rocky theme

Theme from Rocky – Gonna Fly Now

Melody

Harmonic series

Melody with harmony

Harmonic series

Sheet music for a melody with harmonic series and chords. The music is in 4/4 time, treble clef, and consists of 21 measures. The melody is on the top line, and harmonic series are indicated by notes on the other lines. Chords are labeled below the staff. Fingerings and 'jump fingers' instructions are also present.

Measures 1-4: Harmonic series on the 3rd line, starting with note 'c' (labeled 1).

Measures 5-7: 'Rocky tune' section. Chords: Dm, Em. Fingerings: 1, 3; 2, 4; 3, 5; 1, 3.

Measures 8-10: Chords: Dm, Em, Dm, Em. Fingerings: 1, 3; 2, 4; 3, 5; 1, 3.

Measure 11: Chord: F. Instruction: 'Jump fingers'. Fingerings: 3, 5; 1, 3.

Measures 12-14: Chord: E. Fingerings: 2, 1.

Measures 15-17: Chord: F. Fingerings: 3, 5; 1, 3.

Measures 18-20: Chords: Dm, Em, F. Fingerings: 1, 3.

Measures 21-23: Chords: E, Am. Fingerings: 1, 3.

Piano

4 measures of piano sheet music. The treble clef is on the top line, and the bass clef is on the bottom line. The key signature is A major (no sharps or flats). The time signature is 4/4. The music consists of eighth-note patterns on the treble clef line and quarter notes on the bass clef line.

4 measures of piano sheet music. The treble clef is on the top line, and the bass clef is on the bottom line. The key signature is A major (no sharps or flats). The time signature is 4/4. The music consists of eighth-note patterns on the treble clef line and quarter notes on the bass clef line. Chords labeled: Dm, Em, Dm.

4 measures of piano sheet music. The treble clef is on the top line, and the bass clef is on the bottom line. The key signature is A major (no sharps or flats). The time signature is 4/4. The music consists of eighth-note patterns on the treble clef line and quarter notes on the bass clef line. Chords labeled: Em, Dm, Em, F, E7.

4 measures of piano sheet music. The treble clef is on the top line, and the bass clef is on the bottom line. The key signature is A major (no sharps or flats). The time signature is 4/4. The music consists of eighth-note patterns on the treble clef line and quarter notes on the bass clef line. Chords labeled: E, Dm, Em, Dm.

4 measures of piano sheet music. The treble clef is on the top line, and the bass clef is on the bottom line. The key signature is A major (no sharps or flats). The time signature is 4/4. The music consists of eighth-note patterns on the treble clef line and quarter notes on the bass clef line. Chords labeled: Em, Dm, Em, F.

4 measures of piano sheet music. The treble clef is on the top line, and the bass clef is on the bottom line. The key signature is A major (no sharps or flats). The time signature is 4/4. The music consists of eighth-note patterns on the treble clef line and quarter notes on the bass clef line. Chords labeled: E7, E.

Bb part

4/4 time, key signature of two sharps. The score consists of five staves of music, each starting with a treble clef. Measure numbers 1, 4, 9, 13, and 17 are indicated above the staves. The music features various note patterns, including eighth and sixteenth notes, and rests.

Eb part

4/4 time, key signature of one sharp. The score consists of five staves of music, each starting with a treble clef. Measure numbers 1, 4, 9, 13, and 17 are indicated above the staves. The music features various note patterns, including eighth and sixteenth notes, and rests.

Flute / Violin part

4

9

13

17

This block contains four staves of musical notation for the Flute/Violin part. The music is in 4/4 time. The first staff starts with a single note followed by a sixteenth-note pattern. The second staff consists of eighth-note pairs. The third staff features a sixteenth-note pattern with eighth-note pairs. The fourth staff concludes with a sixteenth-note pattern.

Bass part

3

8

13

17

This block contains five staves of musical notation for the Bass part. The music is in 4/4 time. The first staff starts with a single note followed by a sixteenth-note pattern. The second staff consists of eighth-note pairs. The third staff features a sixteenth-note pattern with eighth-note pairs. The fourth staff concludes with a sixteenth-note pattern.

Ukulele

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

Dm

Em

F

E

Dm

E

Dm

Em

F

E

Dm

Am

LIVEWORKSHEETS