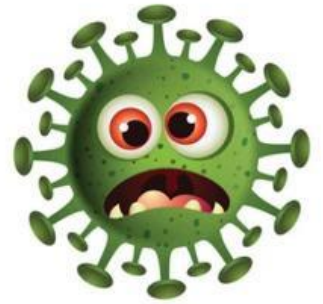


REVIEW UNIT 4: WE KEEP HEALTHY



1. Choose the correct one: What is health?

- a. When we do exercise.
- b. When we drink water and eat food.
- c. A state of complete physical, mental and social wellbeing.

2. Write each one in the correct place.

	• Your body functions correctly.
PHYSICAL HEALTH	
	• You feel happy with yourself.
	• You don't suffer from any disease.
MENTAL HEALTH	
	• It is affected by the conditions in which you are born, grow, work and live.
	• You have good relationships with other people.
SOCIAL HEALTH	• You can control your emotions.
	• You don't have an accident.

3. Types of diseases:

There are 2 types. Choose the correct one:

- a. Infectious and infected diseases.
- b. Infectious and non- Infectious diseases.
- c. Good and bad diseases.

STAY
CALM
AND
KEEP
HEALTHY

Write true (T) or false (F) in these sentences:

- a. Germs are tiny things that cause diseases ☐
- b. Germs and viruses are called pathogens. ☐
- c. Pathogens live only in soil ☐
- d. Infectious diseases are transmitted through cuts in the skin. ☐
- e. Infectious diseases are transmitted through eyes and nose when we breathe. ☐
- f. Non-infectious diseases are transmitted. ☐

REVIEW UNIT 4: WE KEEP HEALTHY

Complete this text with the following words.

Foods	Germ	pathogens	living things
viruses	diseases	water	soil

_____ are tiny things and _____ that can cause _____ in humans. They are known as _____.

Pathogens live in _____, in _____, in _____ and in other _____.



4. Medical advances. Match

- **DIAGNOSIS**
- **VACCINES**
- **TREATMENTS**
- **Don't cure.**
- **Medical procedures like surgery and medicines.**
- **Identification of the disease.**
- **Don't treat.**
- **Prepare the body to fight infections.**

5. Keep healthy. Match

- **PERSONAL HYGIENE**
- **SOCIAL HYGIENE**
- **FOOD HYGIENE**
- *Cook food well*
- *Collect rubbish*
- *Wash your hands*
- *Drink drinking water*
- *Brush your teeth*
- *Keep public places clean*
- *Shower and dry*



Teacher Vanessa