

Use the Present Perfect Simple or the Present Perfect Continuous to speak about states or actions up to now with *for*, *since*, or *How long*.

1. I _____ (to try) to solve this math problem since class started.
2. The baby _____ (to sleep) for the last two hours.
3. We _____ (to paint) the living room for three hours.
4. How long _____ they _____ (to own) that house?
5. We _____ (to like) this restaurant since we first tried it.
6. They _____ (to fix) the road since last Monday.
7. He _____ (to talk) to his friend for an hour.
8. My brother _____ (to watch) football since the game started.
9. My parents _____ (to be) in Spain for a week.
10. I _____ (to wait) for your call since this morning.
11. They _____ (to need) a vacation since they finished their big project.
12. They _____ (to want) a pet since they moved into their new house.
13. They _____ (to build) their house since last year.
14. How long _____ this company _____ (to exist)?
15. My brother _____ (to own) his motorcycle for two years.
16. He _____ (to listen) to music since he woke up.
17. She _____ (to have) the same phone for three years.
18. How long _____ it _____ (to rain)?
19. He _____ (to repair) his bike since yesterday afternoon.
20. She _____ (to dance) in the studio since 4 p.m.
21. How long _____ she _____ (to talk) on the phone?
22. _____ he _____ (to be) your best friend since childhood?
23. She _____ (to bake) cakes for 2 hours.
24. I _____ (to read) this book for two hours.
25. I _____ (to know) my best friend since kindergarten.
26. I _____ (to think) about this idea since last night.
27. I _____ (to believe) in ghosts since I was a kid.
28. We _____ (to discuss) our vacation plans for hours.
29. My friend _____ (to text) me for the last 30 minutes.
30. How long _____ he _____ (to wait)?
31. He _____ (to feel) exhausted for the last few days.
32. He _____ (to be) a teacher for more than 20 years.
33. He _____ (to write) his novel since last summer.
34. The children _____ (to play) outside since noon.
35. She _____ (to love) reading books for as long as I can remember.