

Summary

Food

apples beans bread burger cheese chicken
chips crisps eggs fish fizzy drink juice
meat nuts pasta rice salad sandwich
soup sweets vegetables water

Health

active fit healthy hungry ill lazy thirsty
tired unfit unhealthy well

Food

- 1 Look at the photos. Then complete the sentences with the correct words.

Dad always has eggs
for breakfast.



- Do you want a _____ and chips?
- We eat a lot of _____ in our house.
- Mum makes chicken _____ on Sundays.
- Lucy eats _____, but she doesn't eat meat.
- I've got _____ and fruit in my lunchbox.
- Karl often has a bag of _____ in his school break.

- 2 Find seven more food words.

A	O	W	S	M	I	P	E
B	R	E	A	D	Y	A	S
E	N	R	N	U	T	S	E
A	E	P	D	L	A	T	A
N	T	U	W	O	B	A	P
S	O	R	I	C	E	K	P
B	M	O	C	P	N	I	L
R	I	C	H	E	E	S	E
K	E	T	A	L	S	L	S

- 3 Choose the correct answers.

My favourite vegetables are ____.

a sweets b **beans** c water

1 I'd like a ____ sandwich, please.

a rice b cheese c fizzy drink

2 I'm thirsty. Can I have some ____, please?

a water b salad c pasta

3 ____ are bad for your teeth.

a Nuts b Bread c Sweets

4 Would you like some ____ with your burger?

a sweets b apples c chips

5 She doesn't eat ____ because she doesn't like bread.

a pasta b sandwiches c fish

6 You don't eat much ____.

a eggs b juice c meat

Health

- 4 Correct the words in bold.

Alice goes to the gym every day. She's very **unfit** fit.

1 Gary's diet is very **healthy** _____. He never eats any fruit or vegetables.

2 Jack feels **well** _____. He's in bed.

3 Are you **thirsty** _____? There are some sandwiches in the kitchen.

4 Susan is very **lazy** _____. She plays sport and she runs every day.

5 Is there any water? I'm **hungry** _____.

- 5 Match the words 1–6 with the sentences a–f.

1 well _____ a He's got a good diet and he plays sport.

2 lazy _____ b I want to go to sleep.

3 healthy _____ c She isn't ill.

4 thirsty _____ d I want to eat some food.

5 hungry _____ e We want to drink some water.

6 tired _____ f I never tidy my room.