

UNIT 5: HEALTH – LESSON 4

Exercise 1: Look and choose the correct words

1



2



3



4



5



6



Exercise 2: Listen and tick

1



B



2

A



B



3

A



B



4

A



B



Exercise 3: Look and write

1		A: What should I do to be healthy? B: You shouldn't _____ eat too much _____.
2		A: _____? B: You should _____.
3		A: _____? B: _____.
4		A: _____? B: _____.

Exercise 4: Look, read and choose the correct word

play

healthy

shouldn't

sandwiches

1		I'm Katy. Yesterday, I learned about how to be <u>healthy</u> . The teacher told me that I should eat a lot of vegetables.
2		I'm Jack. I'm quite big. I eat lots of _____ and hamburgers. My mom often says that I should do exercise.
3		I'm Jim. I often stay at home and play video games. I sometimes feel sick on rainy days. My friends always say that I should _____ outside.
4		I'm May. I often eat a lot at dinner. My dad said that I _____ eat too much in the evening.