

FEELINGS

Match the adjectives (1–6) with their meanings (a–f).

1 pleased	a frightened or worried
2 cheerful	b calm and not worried
3 confused	c worried because you think something bad might happen
4 anxious	d happy and satisfied
5 relaxed	e behaving in a happy, friendly way
6 scared	f unable to understand something or think clearly about it

Exercise A: *pleased cheerful confused anxious relaxed scared*

Which words in Exercise A have similar meanings to these words? Are the words positive or negative?

glad: _____ , _____

nervous: _____ , _____

Exercise A: *pleased cheerful confused anxious relaxed scared*

C Complete the sentences with adjectives from Exercise A.
More than one answer may be possible.

- 1 I'm feeling _____ because I have an exam tomorrow.
- 2 Olaf's finished all of his work, so he's in a _____ mood.
- 3 That was a hard day, but now it's over I can feel _____.
- 4 I'm not going anywhere near that spider – I'm too _____.
- 5 I don't understand these questions – they just make me feel _____.
- 6 Jordi's really _____ now that he has passed his driving test.