Healthy Living

Choose the correct option

It is important to _____ to bed early to have a good night's sleep.

a)	go	b)	stay	c)	do

Drinking _____ too often is not good for your health.

a)	water	b)	soft drinks	c)	fruit

I always try to eat _____ food to stay healthy.

a)	fast	b)	junk	c)	healthy

If you don't _____ for tests, you might not do well.

a)	study	b)	sleep	c)	drink

My parents tell me not to _____ up late on school nights.

a)	go	b)	stay	c)	eat

I prefer to do _____ every day to stay fit.

a)	watching TV	b)	exercise	c)	eating fast food

He was late for school because he _____ too late.

a)	went to bed	b)	studied for	c)	drank soft drinks

You should always try to be _____ for school.

a)	late	b)	on time	c)	tired

LIVEWORKSHEETS