

Task 1 Read and match.

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|-------------|---------------------|--------|
| 1. do | a. healthy food. | 1..... |
| 2. play | b. the house | 2..... |
| 3. drink | c. morning exercise | 3..... |
| 4. eat | d. sports | 4..... |
| 5. decorate | e. fresh juice | 5..... |

Task 2 Odd one out.

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|-------------------|--------------|---------------|--------------|
| 1. A. stay | B. eat | C. vegetables | D. surf |
| 2. A. regularly | B. healthy | C. fresh | D. beautiful |
| 3. A. drink | B. sports | C. eat | D. play |
| 4. A. how | B. what | C. why | D. water |
| 5. A. mother | B. chips | C. burgers | D. pizza |
| 6. A. apple juice | B. milk tea | C. exercise | D. water |
| 7. A. next Sunday | B. often | C. every day | D. never |
| 8. A. will | B. do | C. have | D. does |
| 9. A. also | B. fruit | C. vegetables | D. sports |
| 10. A. want | B. favourite | C. like | D. love |

Task 3 Look , read and number.

1. She does morning exercise.
2. He plays sports.
3. My mum goes to a fireworks show.
4. He eats healthy food.
5. She drinks fresh juice.

**Task 4 Read and answer the questions.**

Tri is a super healthy kid. He loves staying healthy. He usually eats healthy food like fruits and vegetables. He drinks fresh water every day. Tri also plays badminton every day in the park. It keeps him fit and active. He enjoys doing exercise with his friends. For breakfast, he eats fruits and drinks orange juice. For lunch, he has rice with vegetables. He sets a great example for all of us. Sometimes, he teaches us how to play badminton. Tri believes that staying healthy is very important.





Multiple choice

1. **What kind of kid is Tró?**
a. A funny kid b. A super healthy kid c. A smart kid d. A lazy kid
2. **What does Tri eat for lunch?**
a. Noodles b. Pizza c. Rice with vegetables d. Bread
3. **What does Tri drink every day?**
a. Milk b. Soda c. Fresh water d. Coffee
4. **Where does Tri play badminton?**
a. At home b. In the gym c. In the park d. At school
5. **What does Tri believe is important?**
a. Winning games b. Watching TV c. Staying healthy d. Playing with toys
6. **How often does Tri play badminton?**
a. Once a week b. Every day c. Three times a week d. Twice a month
7. **Who does Tri teach how to play badminton?**
a. His parents b. His cousins c. His friends d. Us

Task 5 Read and match.

1. How does he stay healthy?	1...	a. I saw some interesting places.
2. What food will you have at the party?	2...	b. I will go to a New Year party.
3. What will you do on Children's Day?	3...	c. We'll have pizza.
4. Where will you go at Tet?	4...	d. He plays sports every day.
5. What did you do in Paris?	5...	e. We'll sing and dance.

Task 6 Listen and tick or cross.

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Task 7 Listen and answer the questions.

1. What's Tony doing? -> He's doing
2. How does Tony stay healthy? -> He eats fish and
3. How often does Tony drink lemonade? -> He drinks lemonade
4. How often does Tony play basketball? -> He plays basketball