

Exercises

12.1 Cover the opposite page. Complete the tables.

adjective	noun
angry	<i>anger</i>
jealous	
confused	
	pride

adjective	noun
disappointed	
	curiosity
anxious	
	emotion

12.2 Find the best sentence ending on the right for each of the sentence beginnings on the left.

- | | | |
|------------------------------|--------------------------|---|
| 1 He was very anxious when | ☐ | a he heard his aunt had died. |
| 2 He was very jealous when | ☐ | b his father appeared on TV with the Prime Minister. |
| 3 He was very scared when | ☐ | c his 14-year-old daughter didn't get home until 2 am. |
| 4 He was very proud when | ☐ | d he saw the man coming towards him with a knife. |
| 5 He was very upset when | ☐ | e he was ill. |
| 6 He was very miserable when | ☐ | f his best friend went out with the girl he really liked. |

12.3 Match the words and faces.

anxious *1* scared cheerful upset confused depressed

1



2



3



4



5



6



12.4 Complete the sentences.

- My aunt had to *care* for her elderly mother for years.
- I can't tell whether Mia is happy or not; she never shows her
- I'm much more in the mornings. By the afternoon I feel tired.
- Weather has a big on the way I feel.
- He's been under a lot of recently because of the amount of work he has to do.
- Oliver's cheerful one minute and miserable the next; his changes all the time.
- It's been a depressing month, but I'm things will get better next month.
- I don't like walking home in the dark. I get very

12.5 Over to you

Answer the questions. If possible, compare your answers with someone else.

- Does colour or the weather have an effect on your emotions? How?
- Do you ever suffer from stress? Why?
- Does your mood change a lot from day to day? Why?
- Do you feel more energetic at certain times of the day? Why?