

# Present Perfect Continuous

## Exercise 1: Gap-Filling

Complete the sentences using the **present perfect continuous tense** of the verbs in brackets.

1. She \_\_\_\_\_ (wait) for the bus for 30 minutes.
2. We \_\_\_\_\_ (study) English since 8 AM.
3. He \_\_\_\_\_ (work) at this company for five years.
4. It \_\_\_\_\_ (rain) all morning.
5. I \_\_\_\_\_ (practice) the piano for two hours.

## Exercise 2: Sentence Transformation

Rewrite the sentences using the **present perfect continuous tense**.

1. They started learning French three months ago.  
→ They \_\_\_\_\_.
2. She began writing her book last year.  
→ She \_\_\_\_\_.
3. I started cooking dinner 45 minutes ago.  
→ I \_\_\_\_\_.
4. He has been in the gym since 5 PM.  
→ He \_\_\_\_\_.
5. We started watching this movie two hours ago.  
→ We \_\_\_\_\_.

## Exercise 3: Multiple-Choice Questions

Choose the correct answer to complete the sentence.

1. He \_\_\_\_\_ football for two hours.  
a) has played  
b) has been playing  
c) is playing
2. I \_\_\_\_\_ emails all morning.  
a) have sent  
b) have been sending  
c) was sending
3. We \_\_\_\_\_ to find a solution for a long time.  
a) have been trying  
b) has tried  
c) are trying
4. The baby \_\_\_\_\_ since 3 AM.  
a) cries  
b) has been crying  
c) have cried